



## Utilita Arena Birmingham

### Entry Standards 2026

Standards to be achieved from Saturday 1 January 2025 until Sunday 1 February 2026.

MEN	EVENT	WOMEN
6.85 (10.55 100m)	<b>60m</b>	7.75 (12.00 100m)
21.80 (21.40 Outdoors)	<b>200m</b>	25.00 (24.50 Outdoors)
48.70 (47.60 Outdoors)	<b>400m</b>	56.25 (55.50 Outdoors)
1:52.50 (1:49.00 Outdoors)	<b>800m</b>	2:10.50 (2:09.00 Outdoors)
3:47.00 (3:43.00 Outdoors)	<b>1500m</b>	4:30.00 (4:23.00 Outdoors)
8.07.00 (7:58.00 Outdoors / 13:50 for 5000m)	<b>3000m</b>	9:34.00 (9:24.00 Outdoors / 16:00 for 5000m)
8.40 (14:80 110mH)	<b>60mH</b>	8.75 (14.30 100mH)
2.10	<b>High Jump</b>	1.78
5.05	<b>Pole Vault</b>	3.80
7.40	<b>Long Jump</b>	6.15
15.10	<b>Triple Jump</b>	12.50
16.00	<b>Shot Put</b>	14.50
By Invitation	<b>Para Events</b>	By Invitation
By Invitation	<b>Race Walks</b>	By Invitation

## EVENT CONDITIONS

1. Invitations to compete at the Novuna UK Athletics Indoor Championships are sent to senior and under 20 athletes only. In exceptional circumstance athletes from the Under 18 age group will also be accepted via agreement with Performance Pathway manager (Dan Wagner).
2. Certain athletes will have qualified in two (or more) events and may only see their name listed in one. This is because we offer you what is assumed to be your preferred event, but we are agreeable to switch or add you to another if you so wish.
3. Performances must be achieved during competitions organised or authorised by the [World Athletics](#), its Area Associations, or its National Member Federations. Domestic competitions will only be accepted if they are achieved in Permit Level 2 competition (or higher): Please visit - <https://www.uka.org.uk/competitions/fixtures/>
4. Providing the sprints are timed using photo finish and that sprints and jumps all use a wind gauge.
5. Wind-assisted performances (or performances achieved at events where wind measurement was not available) will not be accepted.
6. Any performances achieved in mixed track event, involving both male and female participants and held completely in a stadium, shall not be accepted. For more information, please refer to Rule 9 of the UKA Rules for Competition Manual.
7. Hand-timed performances in 60m, 100m 200m, 400m, 800m and 60mH & 100/110mH will not be accepted.

## FAQs

### **Q) When will the Championships invites start to be sent out?**

A) Invites will start to be sent out at the beginning of December 12 weeks prior to the Championships

### **Q) What should I do if I am among the list of invitees for the Novuna UK Athletics Indoor Championships, but have not received an invitation?**

A) Please contact [championships@britishathletics.org.uk](mailto:championships@britishathletics.org.uk) as your contact details might not be up to date on the UK Athletics database and don't forget to check your Spam folder just in case!.

### **Q) What should I do if I have obtained the qualifying standard but my name is not among the list of invitees?**

A) Please contact [championships@britishathletics.org.uk](mailto:championships@britishathletics.org.uk)

### **Q) Should I enquire about an invitation if I am very close to the standard?**

A) Yes, you should, please contact [championships@britishathletics.org.uk](mailto:championships@britishathletics.org.uk). If a particular event incurs a number of withdrawals it can become necessary to supplement non-qualifiers. In this scenario the best "non-automatic qualifier" at that moment in time will be given first option and thereafter in descending order from the year lists.

### **Q) What is the closing date for accepting invitations to the Novuna UK Athletics Indoor Championships?**

A) The deadline for accepting your invitation is **Midnight (GMT) Sunday 1 February 2026**.

### **Q) When will I see a timetable for the Novuna UK Athletics Indoor Championships?**

A) We anticipate it will be available on the British Athletics website approximately one month before the event.

### **Q) When will a full competitors list be available?**

A) A list of invitees will be published in late December; however, it will be subject to change as athletes newly qualify or decline their invitation. Athletes must accept their invitation to be confirmed in the Championships. The deadline for accepting your invitation is **Midnight (GMT) Sunday 1 February 2026**.

### **Q) What is the provision for Athlete tickets?**

A) Once you have accepted your invitation you will receive a link and an individual promo code to claim two (2) complimentary tickets and access to any additional tickets you may want to purchase. The details will be sent to you closer to the time and after you have formally accepted your invitation to compete.

### **Q) Will the Novuna UK Athletics Indoor Championships be broadcasted?**

A) Yes, further information with regards to this will be made available closer to the Championships.

### **Q) What competition wear am I expected to compete in?**

A) As this event is the UK Championships, athletes **MUST** wear the vest of their first-claim affiliated Club, their County, Area, District, Regional or National vest, or any other Representative vest approved by UKA. Vests from Universities will not be permitted unless your first claim UK club. There will be no exceptions.

### **Q) Is the Novuna UK Athletics Indoor Championships an Open or Closed Championship?**

A) The UK Athletics Indoor Championships is a Closed Championships so only athletes eligible to compete for Great Britain & Northern Ireland can complete.

### **Q) What date is the Declaration Date?**

A) For those athletes that have accepted their invitation to compete (prior to the closing date) in two or more events, you must declare by **Midnight (GMT) on Tuesday 10 February 2026** as to which events you intend to compete in at the Championships.