

Saturday 14 February

Event	Gender	Stage	Time
60m	Women	Round 1	11:26
60m	Men	Round 1	12:15
Pole Vault	Women	Final	13:03
400m	Women	Round 1	13:10
60m Hurdles	Women	Round 1	13:40
Long Jump	Women	Final	14:05
60m Hurdles	Men	Round 1	14:10
400m	Men	Round 1	14:40
60m	Women	SF	15:12
60m	Men	SF	15:32
800m	Men	Round 1	15:52
Triple Jump	Men	Final	16:12
60m Hurdles	Women	SF	16:17
60m Hurdles	Men	SF	16:38
Pole Vault	Men	Final	16:35
800m	Women	Round 1	16:55
60m Paralympic	Women	Final	17:20
60m Paralympic	Men	Final	17:30
60m	Women	Final	17:38
60m	Men	Final	17:48
400m	Women	SF	17:55
400m	Men	SF	18:15
60m Hurdles	Women	Final	18:35
60m Hurdles	Men	Final	18:45
1500m	Men	Round 1	18:52
1500m	Women	Round 1	19:10

Sunday 15 February

Event	Gender	Stage	Time
Long Jump	Men	Final	11:30
High Jump	Men	Final	11:55
200m	Men	Round 1	12:00
Shot Put	Men	Final	12:16
200m	Women	Round 1	12:30
3000m Walk	M and W	Final	13:00
Triple Jump	Women	Final	13:32
200m	Men	SF	13:38
200m	Women	SF	13:58
3000m	Women	Final	14:17
High Jump	Women	Final	14:21
3000m	Men	Final	14:35
Shot Put	Women	Final	14:47
1500m	Men	Final	14:52
1500m	Women	Final	15:01
200m	Men	Final	15:11
200m	Women	Final	15:20
800m	Men	Final	15:29
800m	Women	Final	15:38
400m	Men	Final	15:47
400m	Women	Final	15:54

All timings are subject to change

Correct as of 22 January 2026