

LONDON **ATHLETICS** **MEET**

Royal East Menu

Bar Nibbles

Wasabi nut mix, Popcorn, Pretzels & Olives

Bowl Food

Isle of Wight Heritage Tomato

With Bocconcini, Herb Pesto & Aged Balsamic Petit Salad

Caesar Salad

**With Butter Roasted Chicken, Parma Ham Shard, Baby Gem & Shaved
Parmesan**

Smoked Fish Risotto

With Pan Seared Seabass, Charred Asparagus & Herb Oil

BBQ Pulled Pork

With Apple Slaw, Pickled Red Onion & Apple Dressing

Dessert Buffet

Scones & Cream

Chocolate Brownies

Pastel da Nata

Seasonal Fresh Fruit Platter