


















Local Time [GMT +1]

LOCAL TIME	DL	TRACK	FIELD
11:53:00		Club Connect U15 Girls	
12:01:00		Club Connect U15 Boys	
12:09:00		Club Connect U17 Women	
12:17:00		Club Connect U20 Men	
12:26:00		100m National Men	
12:35:00		100m National Women	
12:42:00		1500m Ambulant Men	
12:50:00			Javelin Throw Women
12:57:00		100m Ambulant Men	
13:05:00		100m Ambulant Women	
13:14:00		1500m Wheelchair Men	
13:23:00			Shot Put Men
13:30:00		800m Wheelchair Women	
13:36:00			Pole Vault Women
13:39:00		400m National Men	
13:42:00			Javelin Throw Women F3
13:49:00		400m National Women	
14:04:00		400m Hurdles Women	
14:09:00			Shot Put Men F3
14:16:00		4 x 100m Relay Women	
14:21:00			High Jump Men
14:24:00		4 x 100m Relay Men	
14:33:00		400m Women	
14:43:00		400m Hurdles Men	
14:49:00			Long Jump Women
14:52:00		3000m Men	
15:08:00		800m Women	
15:19:00		One Mile Men	
15:32:00		400m Men	
15:42:00		200m Women	
15:45:00			Long Jump Women F3
15:52:00		100m Men	