

UK ATHLETICS CHAMPIONSHIPS MANCHESTER

Dear Athlete,

Thank you for accepting your invitation to compete at the **UK Athletics Championships Manchester** on **8th- 9th July 2023**.

The Championships will be held under World Athletics Rules - please find enclosed very important details regarding the competition.

PLEASE READ ALL OF THE FOLLOWING INFORMATION VERY CAREFULLY

ADDRESS OF STADIUM

Manchester Regional Arena
Etihad Campus
Rowsley Street
Manchester
M11 3FF

Please ensure that you allow plenty of time for travel as there is often congestion on motorways such as the M6 and M60 around Manchester.

ATHLETE DECLARATION – DEADLINE MIDNIGHT TUESDAY 4TH JULY 2023

For those athletes who are invited to more than one event, it is essential that you declare the events in which you are confirming your participation **by midnight (BST) on Tuesday 4th July 2023**.

This will allow us the opportunity to produce up to date entry lists and a more exact timetable for distribution to all athletes.

TIMETABLE

The timetable can be found [here](#), please keep checking the timetable as it is subject to change.

ATHLETE ACCREDITATION

Accreditation for athletes at the UK Athletics Championships will be automatically produced, when your acceptance of the invitation to compete at the competition is received.

On the day, you will need to ensure you have access to your online Home County Membership digital card when arriving to collect your accreditation.

Please note that you will only be able to collect your accreditation on the day you are competing, and **will not** be available prior to this.

COACHES & ATHLETE SUPPORT STAFF ACCREDITATION

Only one coach's pass per athlete will be issued, no additional support will be permitted.

UKA licensed coaches with a valid DBS can request accreditation by complete the request form available [here](#).

The system is live **until midnight (BST) on Sunday 25th June 2023**, after which it will not be possible to apply for accreditation.

Once your coach's application has been approved following checks for a valid DBS record, an email confirmation will be sent. Accreditation will be available for collection, on the day of competition, from the Accreditation Centre on production of their licence as proof of identity.

Please contact the events team at accreditation@britishathletics.org.uk for more information.

TICKETS

Athletes competing at the UK Athletics Championships Manchester 2023 are entitled to a 50% discount on 2 tickets for your friends and family.

If you have not received your email with regards to tickets at this discounted rate please let us know championships@britishathletics.org.uk.

HOME COUNTRY REGISTRATION

Please note that to compete at the UK Athletics Championships, you must be registered as a member with your Home Country Association.

This is either done directly, or through your club. British Athletics will check the registration records of all those athletes competing at the UK Athletics Championships. If you are unsure as to your status with regards to your registration, please contact the official at your club (usually Club Secretary), or your Home Country Association to ensure you are registered to compete.

CAR PARKING

Event car parking is free to all. Athletes must bring their letter of invitation with them as proof, and this will be checked by the Car Parking Stewards on arrival.

Parking will be in Blue Zone Car Park, accessed from Alan Turing Way (Gate 2).
Postcode for the Blue Zone car parking is M11 4DU.

REPORTING

Athletes must collect their accreditation and register at Athlete Registration **at least 90 Mins before** their track event starts / before on-field warm-up starts for field events. Please also refer to Call Room information below.

Accreditation collection, Athlete Registration and Bib Collection will all be at the Accreditation Centre, which will be a marquee in between the Etihad Stadium and the Manchester Regional Arena. **Please note you MUST complete BOTH procedures.**

Report times will be strictly enforced at these Championships, any Athletes reporting late will only be allowed to compete in exceptional circumstances.

Bibs must be worn on the front and back for all events (apart from the jumping events; high jump, pole vault, and horizontal jumps, where only one needs to be worn). **Bibs must be worn** as issued and must not be tampered with in any way.

It is the responsibility of the athlete to report and advise on their intention to compete. If an athlete has to withdraw from the competition after registering or does not compete in all rounds of the event after qualifying, he/she will not be permitted to compete in any other event in the meeting. Withdrawals should be notified to the Technical Information Centre located in the indoor warm up area.

WHERE THERE ARE QUALIFYING ROUNDS ON THE FIRST DAY, FOLLOWED BY A FINAL ON THE SECOND DAY, ATHLETES MUST ALSO CONFIRM THEIR INTENTION TO COMPETE ON THE SECOND DAY (BY REPORTING TO ATHLETE REGISTRATION 90 MINUTES BEFORE THE START OF THEIR EVENT). ATHLETES MUST ALSO RETAIN THEIR BIBS FOR THE SECOND DAY.

WARM UP

Once you have registered, you can access the Manchester Regional Arena Indoor from 09:30 on the Saturday and 09:15 on Sunday.

Warming up must take place only in the Manchester Regional Arena Indoor Warm Up. For reasons of safety there will be no warming up in other areas.

TECHNICAL INFORMATION CENTRE

A Technical Information Centre (TIC) will be located in the indoor arena.

The TIC can also be used to access results, call up schedules and height progressions.

Any protest against a decision must in the first instance be made immediately to the relevant Referee. A formal protest regarding this or the published result of an event must be made to TIC within 30mins of that result being published.

Results will be posted on notice boards next to TIC and the time of posting will be displayed on the result sheet.

CALL ROOM

For all events, athletes must go through the Call Room procedure. A Call Room reporting desk will be situated in the far corner of the indoor arena, with the Call Room itself in a trackside room.

Call times will be as short as possible and **approximately 20 minutes before track events, 75 minutes before Pole Vault, 55 minutes before High Jump and 45 minutes before other field events.**

PLEASE NOTE THAT THESE TIMES ARE INDICATIVE ONLY. A HEAT-BY-HEAT CALL-UP SCHEDULE WILL BE DISPLAYED IN THE WARM-UP AREA.

CLOTHING & ACCESSORIES

Clothing and belongings will be checked for conformity to World Athletics advertising rules as well as UKA competition clothing rules (see below). As this event is the British Championships, athletes **MUST** wear the vest as per T5 S1 (4) show below. There will be no exceptions.

In individual English County, English Area, Scottish District, Welsh Regional and National Championships, (but excluding Road Running) athletes must wear the vest of their first-claim affiliated Club, their County, Area, District, Regional or National vest, or any other Representative vest approved by UKA. Vests from Universities will not be permitted unless your first claim UK club.

Any item not conforming to WA rules will be confiscated and held in the Technical Information Centre (TIC) until after the competition. Athletes are strongly requested not to bring any items into Call Room which are likely to contravene these procedures. This includes mobile phones, IPODS and Non-Sponsor Branded Drinks. UKA will not be held responsible for any items not collected from the TIC after the competition. Track athletes

are also strongly requested not to bring any additional items of clothing to avoid the need for large amounts of clothing to be carried to the Post Event area.

As the Championships will be operating under WA Rules the following will apply 'MARKETING & ADVERTISING REGULATIONS - INTERNATIONAL COMPETITIONS 1.5 & 1.9: CLOTHING & ACCESSORIES'.

Therefore, in addition to the club logo an athlete's vest/top can carry

- 1 x manufacturer name/Logo - 40cm², max height 5cm.
- 2 x Athlete Sponsor name/Logo (it must be two different Athlete Sponsors) - 40cm², max height 5cm.

If personal sponsors are added to a Club vest, then the Club's permission must be gained to ensure the sponsors are appropriate.

EQUIPMENT

Shoes:

Athletes should study the latest World Athletics regulations regarding shoes and ensure that their footwear complies. Competition shoes must conform to World Athletics (WA) Rules. You can access the WA Rules [here](#).

WA have also produced a paper containing instructions on the critical measurement points and this is available [here](#).

The Referees reserve the right to, and it is a condition of participation that competitors agree that they may take possession of any shoes considered not to conform to this new rule for checking. Athletes found to have worn shoes that infringe this rule will be disqualified. A list of World Athletics approved shoes can be viewed [here](#). The absence of shoes from this doesn't necessarily mean they are non-compliant.

Random checks may be made in the call room.

Spike length:

The maximum length of spikes is 9mm, with the exception of High Jump and Javelin where the maximum length is 12mm. This is in accordance with Governing Body Rules, surface regulations and for your personal safety.

Failure to meet this requirement will result in the individual being refused access to the competition area. Checks will be made at the Call Room. To avoid unnecessary delays,

athletes must ensure that they arrive at the Call Room with spikes of the required length fitted to their shoes.

Pole Vault Poles:

A designated drop off and collection area for your poles will be communicated directly closer to the event.

Poles will be delivered to the vaulting area by the officials ready for your event. After you have dropped your poles off you will need to make your way to Athlete Accreditation and Registration as described above. Please make sure that your pole bag is clearly labelled with your name.

Personal Implements:

These must be submitted to the Equipment Officer in the Equipment Room one hour before the Call Room time.

This is located on the track side of the indoor arena beyond the finish line and will be clearly labelled.

Athletes must follow the prescribed route to access this room. Materials will be provided to sanitise implements before they are handed in. They may be collected from the event site at the conclusion of the event, or when athletes are eliminated.

Starting Blocks:

Personal starting blocks will not be permitted as False Start equipment will be used.

SEEDING & LANE DRAWS

Seeding and draws will be conducted according to the principles laid down in WA Technical Rule 20. Lane Draws will be displayed outside the TIC and other areas around the venue.

Athletes must compete in all rounds in order to progress to finals, unless specifically notified prior to the Championships. Further information will be sent to all 100m athletes once registrations are closed and this will identify those athletes who are able to commence at semi-final stage.

LEAVING THE COMPETITION AREA

All athletes will leave the competition area, as directed by the Athlete Stewards, through to Kit Collection via the Mixed Zone where TV/Press Interviews may be requested. This includes athletes leaving field events after three rounds, or after the conclusion of a height in vertical jumps. Any athlete disqualified at the start, must also follow this route.

Failure to leave by this route will constitute a breach of doping control regulations. Where necessary, athletes will be directed to the Ceremony Holding Area by Ceremony Stewards.

HEIGHT PROGRESSIONS

Height Progressions will be emailed out to all High Jump and Pole Vault competitors shortly, they will also be made available on the [Athlete Information section on the British Athletics Website](#).

CLEAN ATHLETICS

All entrants shall be deemed to have made themselves familiar with and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.

The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of entry, whether or not the entrant is a citizen of, or resident in, the UK.

To check the status of registered medicines please visit www.globaldro.com. For information on the Clean Athletics programme, testing procedures and for a copy of the full UKA Anti-Doping rules please visit www.uka.org.uk/cleanathletics.

ACCOMMODATION

Accommodation is not provided for the event but if you are interested in staying in Manchester, please contact Corporate Sporting Events on 0121 647 4090 who will be able to help you with accommodation options and costs.

COMPETITION ORGANISATION

The following officials are responsible for each particular aspect of competition.

- National Technical Delegate - Linda Turner
- Meeting Manager - Rob Dalziel
- Competition Director - Heather Nelson
- Technical Manager - Chris Lawrence

ATHLETE IMAGES

On accepting your invitation to compete at the UK Athletics Championships the athlete agrees:

1. That UK Athletics shall have the right to use the athlete's image for general promotional purposes for the UK Athletics Championships.
2. That UK Athletics may use the athlete's name, photo, image and likeness on its own promotional materials, advertising and public relations material produced by or on behalf of UKA including (without limitation), posters and leaflets promoting the UK Athletics Championships.
3. That UK Athletics shall have the right to film the competition for broadcast during the event, in its own promotional materials, advertising and public relations material produced by or on behalf of UKA including (without limitation), highlights and clips promoting UK Athletics events.

If you have received this information, but it was not sent to your preferred contact details, please email Kate Channon immediately at kchannon@britishathletics.org.uk in order that your details may be amended. It is important that you supply the most current details for you in order to not miss any vital changes.

Here's to a great weekend of athletics and I would like to take this opportunity to wish you the best of luck in your endeavours.

Yours Sincerely,

Cherry Alexander OBE
Strategic Lead for Major Events & International Relations