

UK ATHLETICS CHAMPIONSHIPS MANCHESTER

Saturday 8th & Sunday 9th July 2023

Manchester Regional Arena

Events by Day

| MEN | EVENT | WOMEN |
|------------|-----------------------|--------------|
| SAT | 100m | SAT |
| SUN | 200m | SUN |
| SAT / SUN | 400m | SAT / SUN |
| SAT / SUN | 800m | SAT / SUN |
| SAT / SUN | 1500m | SAT / SUN |
| SAT | 5000m | SUN |
| SUN | 3000m Steeplechase | SAT |
| SUN | 110m/100m Hurdles | SAT |
| SAT / SUN | 400m Hurdles | SAT / SUN |
| SUN | High Jump | SAT |
| SUN | Pole Vault | SAT |
| SAT | Long Jump | SUN |
| SUN | Triple Jump | SAT |
| SAT | Shot Put | SUN |
| SAT | Discus Throw | SUN |
| SUN | Hammer Throw | SAT |
| SUN | Javelin Throw | SAT |
| SUN | 5000m Walk | SUN |

*Subject to change - correct as of 19/04/2023