

## UK Athletics Indoor Championships 2023

### M - Men

### [60m]

First Name	Last Name	AGE	Club
Abdul-rahaman	JOLAOSO	29	Blackheath & Bromley Harriers AC
Adam	CROSS	22	Cambridge & Coleridge AC
Adam	THOMAS	27	Bracknell AC
Andrew	ROBERTSON	32	Sale Harriers Manchester
Brandon	MURRAY	25	Blackheath & Bromley Harriers AC
Brook	CRONIN	19	Walton AC
Charlie	DOBSON	23	Colchester Harriers AC
Cian	O'DONNELL	28	London Heathside
Confidence	LAWSON	32	Shaftesbury Barnet Harriers
Daniel	BROOKS	22	Yate & District AC
Daniel	OBENG	29	Loughborough Students AC
Daniel	OFFIAH	26	Thames Valley Harriers
David	MORGAN-HARRISON	21	Kingston upon Hull AC
Dewi	HAMMOND	29	Cardiff Athletics
Dickson	KUSI	28	Marshall Milton Keynes AC
Dominic	ASHWELL	23	Shaftesbury Barnet Harriers
Elliot	JONES	25	Liverpool Pembroke & Sefton H AC
Ethan	POTTIE	21	Victoria Park City Of Glasgow
Eugene	AMO-DADZIE	30	Woodford Green AC with Essex Ladies
Hakim	MOHAMED	24	Iford AC
Harry	AIKINES-ARYEETEY	34	Sutton & District AC
Jack	LAWRENCE	26	Birchfield Harriers
James	HANSON	21	Woking AC
Jeremiah	AZU	21	Cardiff Athletics
Jody	SMITH	22	Bristol and West AC
Joel	PASCALL-MENZIE	20	Newham & Essex Beagles AC
John-Jesse	NWAWULOR	21	Harrow AC
Jona	EFOLOKO	23	Sale Harriers Manchester
Jordan	BROOME	26	Sale Harriers Manchester
Joshua	BROWN	28	Cardiff Athletics
Kesi	OLUDOYI	24	Harrow AC

## UK Athletics Indoor Championships 2023

Kieran	GOWAN-WADE	25	Blackheath & Bromley Harriers AC
Maxwell	BROWN	23	Marshall Milton Keynes AC
Medwin	ODAMTTEN	18	Woodford Green AC with Essex Ladies
Mohammed Nurudeen	AMINU	29	Telford AC
Nicholas	WALSH	25	Sale Harriers Manchester
Ojie	EDOBURUN	26	Shaftesbury Barnet Harriers
Oliver	BROMBY	24	Southampton Athletic Club
Olumide	ISAAC	27	Woodford Green AC with Essex Ladies
Reece	PRESCOD	26	Enfield and Haringey A C
Samuel	GORDON	28	Cardiff Athletics
Stephen	BAFFOUR	19	Coventry Godiva Harriers
suhuyini	OSMAN	20	Croydon Harriers
Timi	ESAN	19	Crawley AC
Tobi	OGUNKANMI	21	Newham & Essex Beagles AC
Tyler	PANTON	19	Woking AC
Zachary	PRICE	21	Liverpool Harriers & AC

## UK Athletics Indoor Championships 2023

### M - Men

### [200m]

First Name	Last Name	AGE	Club
Alex	HAYDOCK-WILSON	23	Windsor Slough Eton & Hounslow AC
Alwayne	CAMPBELL	22	Birchfield Harriers
Andrew	MORGAN-HARRISON	24	Kingston upon Hull AC
Ben	SNAITH	27	Newham & Essex Beagles AC
Blake	BROWN	23	Sale Harriers Manchester
Bradley	WHITEHEAD	20	Rugby & Northampton AC
Brook	CRONIN	19	Walton AC
Cian	O'DONNELL	28	London Heathside
Connor	NEAL	20	Thanet AC
Dan	TRUEMAN	27	Southampton Athletic Club
Daniel	OFFIAH	26	Thames Valley Harriers
Darian	MOORE	20	Bromsgrove and Redditch
David	CHAPMAN	19	City of Sheffield and Dearne AC
Dean	PATTERSON	17	Glasgow School of Sport
Derek	KINLOCK	20	Croydon Harriers
Dominic	LAMB	24	City of Sheffield and Dearne AC
Evan	BLACKMAN	21	Corby AC
Jacob	SPENCER	20	Rugby & Northampton AC
Jason	KALALA	19	Newham & Essex Beagles AC
Joseph	NASH	18	Enfield and Haringey A C
Krishawn	AIKEN	27	Shaftesbury Barnet Harriers
Luke	DORRELL	26	Aldershot Farnham & District
Murray	FOTHERINGHAM	19	Giffnock North AC
Richard	AKINYEBO	21	Be Fit Today Track Academy
Sean	CROWIE	25	City of Sheffield and Dearne AC
Stephen	BAFFOUR	19	Coventry Godiva Harriers
Stewart	GREENHALGH	21	Bromsgrove and Redditch
Will	DEAN	20	Northampton AC

## UK Athletics Indoor Championships 2023

### M - Men

### [400m]

First Name	Last Name	AGE	Club
Alastair	CHALMERS	22	Guernsey AC
Bailey	STICKINGS	24	Blackheath & Bromley Harriers AC
Ben	HAWKES	22	Leamington Cycling and Athletics Club
Ben	HIGGINS	22	City of Sheffield and Dearne AC
Cam	MCGREGOR	19	Rugby & Northampton AC
Cameron	BAILEY	22	Ipswich Harriers
Dan	PUTNAM	31	Blackheath & Bromley Harriers AC
Ellis	GREATREX	23	Woodford Green AC with Essex Ladies
Jacob	CAMPBELL	22	Enfield and Haringey A C
Jamal	CLARKE	26	Windsor Slough Eton & Hounslow AC
John	BRIDGE	22	Cardiff Athletics
Joseph	BRIER	23	Swansea Harriers
Kevin	METZGER	25	Trafford Athletic Club
Kyle	ALEXANDER	29	Giffnock North AC
Lee	THOMPSON	25	City of Sheffield and Dearne AC
Lewis	DAVEY	22	Newham & Essex Beagles AC
Lewis	THORN	24	City of Sheffield and Dearne AC
Matthew	BUCKNER	22	Bracknell AC
Matthew	OVERALL	26	Crawley AC
Michael	FAGBENLE	21	Harrow AC
Michael	SHONIBARE	22	Victoria Park Harriers and Tower Hamlets AC
Ollie	BIDDLE	24	Trafford Athletic Club
Onyeka	OKOH	18	Chelmsford AC
Pablo	SEEMA-ROCA	19	Blackheath & Bromley Harriers AC
Sam	LUNT	17	Wirral AC
Samuel	REARDON	19	Blackheath & Bromley Harriers AC
Seamus	DERBYSHIRE	23	City of Stoke AC

## UK Athletics Indoor Championships 2023

### M - Men

### [800m]

First Name	Last Name	AGE	Club
Angus	HARRINGTON	21	Blackheath & Bromley Harriers AC
Archie	PARKINSON	19	Corby AC
Ben	CLARIDGE	25	Abingdon AC
Benjamin	MURPHY	25	Tonbridge AC
David	LOCKE	20	Cardiff Athletics
David	RACE	18	Gateshead Harriers & AC
Guy	LEARMONTH	30	Lasswade Athletics Club
Henry	FISHER	20	Blackheath & Bromley Harriers AC
Jake	MINSHULL	18	Coventry Godiva Harriers
James	MCMURRAY	28	St Albans Striders
Sam	WIGGINS	22	Shaftesbury Barnet Harriers
Seumas	MACKAY	21	Shetland Amateur Athletics Club
Shaun	GEE	22	Sale Harriers Manchester

## UK Athletics Indoor Championships 2023

### M - Men

### [1500m]

First Name	Last Name	AGE	Club
Adam	PEACOCK	30	Birmingham Running Athletics & Triathlon Club (BRAT)
Ben	GREENWOOD	24	Central Athletic Club
Blake	MOORE	24	Windsor Slough Eton & Hounslow AC
George	MILLS	23	Brighton Phoenix
Jack	GUMM	22	Brighton Phoenix
James	MCCRAE	25	Hallamshire Harriers Sheffield
James	YOUNG	25	Morpeth Harriers & AC
Jamie	MACKINNON	23	Cambuslang Harriers
John	HOWORTH	22	Team Bath Athletic Club
Jonathan	KAY	27	Bolton United Harriers & AC
Neil	GOURLEY	28	Giffnock North AC
Oliver	BARBARESI	22	Thames Valley Harriers
Oliver	LILL	20	Basildon AC
Piers	COPELAND	24	Pontypridd Roadents AC
Stephen	MACKAY	30	Inverness Harriers
Tyler	BILYARD	21	Great Yarmouth & District AC

## UK Athletics Indoor Championships 2023

### M - Men

### [3000m]

First Name	Last Name	AGE	Club
Adam	FOGG	24	Coventry Godiva Harriers
Alasdair	KINLOCH	24	Tonbridge AC
Alex	GEORGE	27	Birchfield Harriers
Alfie	MANTHORPE	23	City of Sheffield and Dearne AC
Ben	POTRYKUS	26	Woodford Green AC with Essex Ladies
Charles	WHEELER	24	Milton Keynes Distance Project
CHARLIE	GRICE	29	Brighton Phoenix
George	WHEELER	24	Milton Keynes Distance Project
Henry	MCLUCKIE	20	Shaftesbury Barnet Harriers
Jack	PATTON	19	Kilbarchan AAC
Jack	ROWE	27	Aldershot Farnham & District
James	WEST	27	Tonbridge AC
osian	PERRIN	20	Menai Track and Field

## UK Athletics Indoor Championships 2023

### M - Men

### [60m Hurdles]

First Name	Last Name	AGE	Club
Adam	HOOLE	19	Team East Lothian
Andrew	POZZI	30	Stratford Upon Avon AC
Bradley	REED	31	Chelmsford AC
Callum	HOLDER	20	Sutton & District AC
cameron	FILLERY	24	Woodford Green AC with Essex Ladies
Charlie	ROE	30	Coventry Godiva Harriers
Craig	MONCUR	19	Shaftesbury Barnet Harriers
Curtis	MITCHELL	27	Preston Harriers
David	ARYEETAY	23	Harrow AC
David	KING	28	City of Plymouth AC
David	NAYLOR	19	Crewe and Nantwich AC
Evan	CAMPBELL	21	Shaftesbury Barnet Harriers
Ewan	BRADLEY	20	Loughborough Students AC
Jake	COVER	20	Team Bath Athletic Club
Jake	PORTER	29	Birchfield Harriers
Joseph	AGBODZA	21	City of Southend On Sea AC
Liam	REVELEY	24	Jarrow & Hebburn AC
Matthew	GRIFFIN	19	Birchfield Harriers
Miguel	PERERA	26	Harrow AC
Oliver	ADNITT	19	Kingston upon Hull AC
Owen	SPROSTON	19	City of Stoke AC
Rico	COTTELL	21	Blackheath & Bromley Harriers AC
Sam	TALBOT	23	City of Sheffield and Dearne AC
Stephen	BATES	19	Nuneaton Harriers
Tobias	CLAYDEN	20	City Of Plymouth AC
Tom	WILCOCK	20	Northampton AC
Will	HODI	19	Nairn Area Amateur Athletic Club
William	ADEYEYE	21	Newham & Essex Beagles AC



## UK Athletics Indoor Championships 2023

### M - Men

### [Long Jump]

First Name	Last Name	AGE	Club
Alexander	FARQUHARSON	25	Coventry Godiva Harriers
Ben	FISHER	24	Windsor Slough Eton & Hounslow AC
Dominic	OGBECHIE	20	Highgate Harriers
Jack	ROACH	28	Harrow AC
James	LELLIOTT	30	Harrow AC
Oreofeoluwa	ADEPEGBA	18	Newham & Essex Beagles AC
Paul	OGUN	33	Croydon Harriers
Reynold	BANIGO	24	Sale Harriers Manchester
Samuel	KHOGALI	25	Woodford Green AC with Essex Ladies
Toby	HILLER	19	Thames Valley Harriers
Zak	SKINNER	24	Loughborough Students AC

## UK Athletics Indoor Championships 2023

### M - Men

### [Triple Jump]

First Name	Last Name	AGE	Club
Ade	MASON	25	Shaftesbury Barnet Harriers
Archie	YEO	19	Kingston upon Hull AC
Daniel	AKINRADEWO	18	Trafford AC
Joseph	GILKES	23	Coventry Godiva Harriers
Josh	WOODS	20	Shaftesbury Barnet Harriers
Jude	BRIGHT-DAVIES	23	Thames Valley Harriers
Lawrence	DAVIS	27	Woodford Green AC with Essex Ladies
Michael	PUPLAMPU	33	Newham & Essex Beagles AC
Montel	NEVERS	26	Notts AC
Seun	OKOME	27	Sale Harries Manchester

## UK Athletics Indoor Championships 2023

### M - Men

### [High Jump]

First Name	Last Name	AGE	Club
Akin	COWARD	26	Shaftesbury Barnet Harriers
Divine	DURUAKU	21	Harrow AC
Jack	ENNIS	20	Croydon Harriers
Joel	CLARKE-KHAN	23	Thames Valley Harriers
Kelechi	AGUOCHA	22	Blackheath & Bromley Harriers AC
Kimani	JACK	19	University of Birmingham AC and Cross Country Club
Luke	BALL	18	Yate & District AC
Toni	ADEMUWAGUN	22	Thames Valley Harriers
Will	GRIMSEY	26	Woodford Green AC with Essex Ladies

## UK Athletics Indoor Championships 2023

### M - Men

### [Pole Vault]

First Name	Last Name	AGE	Club
Adam	HAGUE	25	City of Sheffield and Dearne AC
Charlie	MYERS	25	Birtley AC
Ewan	BRADLEY	20	Loughborough Students AC
George	HEPPINSTALL	25	City of Sheffield and Dearne AC
Jack	PHIPPS	28	Birchfield Harriers
Jake	WATSON	22	Birchfield Harriers
JJ	LISTER	25	Harrow AC
Lazarus	BENJAMIN	19	Sale Harriers Manchester
Reuben	NAIRNE	20	Giffnock North AC
Thomas	WALLEY	24	Wrexham AAC

## UK Athletics Indoor Championships 2023

### M - Men

### [Shot Put]

First Name	Last Name	AGE	Club
Aled	DAVIES	31	Cardiff Athletics
Angus	MCINROY	36	Shaftesbury Barnet Harriers
George	HYDE	21	Harrow AC
Greg	BEARD	40	Newham & Essex Beagles AC
Lewis	BYNG	21	Stratford Upon Avon AC
Patrick	SWAN	25	Cornwall AC
Scott	LINCOLN	29	City of York AC
Youcef	ZATAT	28	Woodford Green AC with Essex Ladies
Zac	DAVIES	20	Harrow AC

## UK Athletics Indoor Championships 2023

### M - Men

### [3000m Race Walk]

First Name	Last Name	AGE	Club
Callum	WILKINSON	25	Enfield and Haringey A C
Cameron	CORBISHLEY	25	Medway and Maidstone AC
Chris	SNOOK	23	Aldershot Farnham & District
George	WILKINSON	20	Enfield and Haringey A C
Guy	THOMAS	25	Tonbridge AC
Luc	LEGON	25	Bexley AC
Matthew	CRANE	20	Bexley AC
Tom	PARTINGTON	23	Manx Harriers

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### M - Men

### [60m Para]

First Name	Last Name	AGE	Club
Barney	CORRALL	22	Charnwood A C
Emmanuel	OYINBO-COKER	21	Newham & Essex Beagles AC
Kevin	SANTOS	20	City Of Norwich AC
Kyle	KEYWORTH	26	Manchester Harriers & AC
Segun	SAMUEL	20	Newham & Essex Beagles AC
Shaun	BURROWS	25	Charnwood A C
Thomas	YOUNG	22	Loughborough Students AC
Zac	SHAW	27	Cleethorpes AC

## UK Athletics Indoor Championships 2023

### W - Women

### [60m]

First Name	Last Name	AGE	Club
Aaliyah	BROWN	18	South London Harriers
Alisha	REES	23	Edinburgh AC
Alyson	BELL	19	Giffnock North AC
Asha	PHILIP	32	Newham & Essex Beagles AC
Ayoola	BABALOLA	21	Windsor Slough Eton & Hounslow AC
Bianca	WILLIAMS	29	Enfield and Haringey A C
Brooke	IRONSIDE	19	Bournemouth AC
Cassie-Ann	PEMBERTON	21	Birchfield Harriers
Darcey	KUYPERS	24	Blackheath & Bromley Harriers AC
Daryll	NEITA	26	Cambridge Harriers
Deborah	LAGO	19	Marshall Milton Keynes AC
Diani	WALKER	27	Birchfield Harriers
Doyin	ADERINTO	27	Cambridge Harriers
Ebony	CARR	24	Loughborough Students AC
Elise	MODESTE	22	Enfield and Haringey A C
Ellie	TURNER	22	Medway and Maidstone AC
Ellie-Mae	BANDY	24	Herts Phoenix AC
Freya	COWAN	20	Giffnock North AC
Gwendoline	DATEY	18	Woodford Green AC with Essex Ladies
Hannah	BRIER	25	Swansea Harriers
Hannah	LONGDEN	22	Cardiff Athletics
Hayley	MILLS	34	Crewe and Nantwich AC
Issie	TUSTIN	21	Cardiff Athletics
Jade	HENRY	22	Victoria Park City of Glasgow
Jasmine	WILKINS	18	Bedford & County AC
Jennifer	EDUWU	18	South London Harriers
Joy	EZE	18	Gateshead Harriers & AC
Karen	MAYINDU	19	Newham & Essex Beagles AC
Kissiwaa	MENSAH	17	Chelmsford AC
Leonie	ASHMEADE	22	Wakefield District H & AC
Louise	EVANS	22	Blackheath & Bromley Harriers AC



## UK Athletics Indoor Championships 2023

Madeleine	WHAPPLES	19	Solihull & Small Heath Athletic Club
Mehitabelle	ANGELO	17	Leeds City Athletic Club
Modupe	SHOKUNBI	24	Blackheath & Bromley Harriers AC
Nia	WEDDERBURN-GOODISON	18	Harrow AC
Nicola	CAYGILL	23	Jarrow & Hebburn AC
Niyah	COSTLEY	19	Herne Hill Harriers
Racheal	LARGIE-POLEON	19	Croydon Harriers
Rachel	MILLER	33	Thames Valley Harriers
Sarah	MALONE	23	Edinburgh AC
Sarah	ZINTCHEM	21	Hallamshire Harriers Sheffield
Saskia	KING	18	Herne Hill Harriers
Serena	BLACKWOOD	18	Cambridge & Coleridge AC
Serena	GRACE	20	City Of Norwich AC
Sharnhee	SKERVIN	22	Notts AC
Torema	THOMPSON	33	Enfield and Haringey A C
Trinity	PERRUZZA-POWELL	20	Manchester Harriers & AC

## UK Athletics Indoor Championships 2023

### W - Women [200m]

First Name	Last Name	AGE	Club
Aleeya	SIBBONS	20	Newham & Essex Beagles AC
Ayoola	BABALOLA	21	Windsor Slough Eton & Hounslow AC
Brooke	IRONSIDE	19	Bournemouth AC
Charlotte	KELSEY	18	Middlesbrough Athletic Club (Mandale)
Ella	BLAKEY	23	Derby Athletic Club
Ellie-Mae	BANDY	24	Herts Phoenix AC
Gwendoline	DATEY	18	Woodford Green AC with Essex Ladies
Hannah	BRIER	25	Swansea Harriers
Hannah	LONGDEN	22	Cardiff Athletics
Hannah	WILLIAMS	24	Herts Phoenix AC
Hayley	MILLS	34	Crewe and Nantwich AC
Leonie	ASHMEADE	22	Wakefield District H & AC
Louise	EVANS	22	Blackheath & Bromley Harriers AC
Nandy	KIHUYU	17	Hallamshire Harriers Sheffield
Serena	GRACE	20	City Of Norwich AC
Sharnhee	SKERVIN	22	Notts AC
Sophie	WALTON	18	Horwich R M I Harriers
Success	EDUAN	18	Sale Harriers Manchester

## UK Athletics Indoor Championships 2023

### W - Women [400m]

First Name	Last Name	AGE	Club
Amarachi	PIPI	27	Enfield and Haringey A C
Amy	ODUNAIYA	26	Wrexham AAC
Ashley	NEMITS	18	Wigan & District H & AC
Bronwen	REED	23	Trafford Athletic Club
Carys	MCAULAY	25	Trafford Athletic Club
Ella	BLAKEY	23	Derby Athletic Club
Emily	NEWNHAM	18	Shaftesbury Barnet Harriers
Emma	ALDERSON	22	Liverpool Harriers & AC
Etty	SISSON	17	Charnwood A C
Ffion	ROBERTS	22	Cardiff Athletics
Georgina	ADAM	22	Lincoln Wellington Athletic Club
Hannah	KELLY	22	Bolton United Harriers & AC
Hayley	MCLEAN	28	Shaftesbury Barnet Harriers
Isabelle	SKELTON	19	Corby AC
Jessica	TAPPIN	32	Thames Valley Harriers
Kathryn	CHRISTIE	28	Banchory Stonehaven AC
Lauren	WILLIAMS	24	Cardiff Athletics
Laviai	NIELSEN	26	Enfield and Haringey A C
Mary	ABICHI	32	Enfield and Haringey A C
Nicole	KENDALL	27	Thames Valley Harriers
Poppy	MALIK	19	Harrow AC
Rachel	CALLAN	19	Giffnock North AC
Seren	BUNDY-DAVIES	28	Trafford Athletic Club
Sian	HARRY	29	Belgrave Harriers
Susanna	BANJO	33	Newham & Essex Beagles AC
Tess	MCHUGH	20	Sale Harriers Manchester

## UK Athletics Indoor Championships 2023

### W - Women [800m]

First Name	Last Name	AGE	Club
Abigail	IVES	19	Basildon AC
Abigail	STRATTON	17	Blackburn Harriers & AC
Anna	DOMVILLE	25	Woodford Green AC with Essex Ladies
Ava	LLOYD	17	Wigan & District H & AC
Beth	ANSELL	28	Edinburgh AC
Charlotte	YOUNG	20	Medway and Maidstone AC
Ella	FRYER	18	St Mary's Richmond AC
Ella	GREENWAY	18	Cleethorpes AC
Ellie	BAKER	24	Shaftesbury Barnet Harriers
Gemma	FINCH	25	Basingstoke & Mid Hants AC
Grace	VANS AGNEW	22	Crawley AC
Hannah	CAMERON	25	Aberdeen AAC
Hannah	SEGRAVE	27	Middlesbrough Athletic Club (Mandale)
Hannah	TAYLOR	17	Aberdeen AAC
Iris	DOWNES	17	Shrewsbury AC
Isabelle	BOFFEY	22	Enfield and Haringey A C
Jenny	SELMAN	31	Fife Athletic Club
Jessica	NORKETT	19	Thetford AC
Jill	CHERRY	24	Victoria Park City Of Glasgow
Jodie	MARTIN	20	Kingston upon Hull AC
Katie	JOHNSON	17	Edinburgh AC
Lois	CREASEY	17	Middlesbrough Athletic Club (Mandale)
Molly	HUDSON	20	Derby Athletic Club
Philippa	MILLAGE	42	Victoria Park City Of Glasgow
Rhiannon	HAWKER	31	Cardiff Athletics
Rowena	COLE	31	Coventry Godiva Harriers
Steph	DRISCOLL	21	Liverpool Harriers & AC

## UK Athletics Indoor Championships 2023

### W - Women [1500m]

First Name	Last Name	AGE	Club
Abigail	HANCOCK	20	Reading AC
Alexandra	SHIPLEY	24	Milton Keynes Distance Project
Alice	WRIGHT	19	Brighton Phoenix
Annabel	HOBDAY	21	Herne Hill Harriers
Annie	MANN	16	Winchester & District AC
Charlotte	CLARE	20	Edinburgh University Hare and Hounds
Chloe	SHARP	23	Blackheath & Bromley Harriers AC
Ellie	BAKER	24	Shaftesbury Barnet Harriers
Ellie	LEATHER	24	Westbury Harriers
Emily	LOWERY	21	Vale Royal AC
Emily	MARMION-WILLIAMS	20	Kettering Town Harriers
Emily	SIMPSON	22	City of Sheffield and Dearne AC
Emma	HOWSHAM	27	Reading AC
Erin	WALLACE	22	Giffnock North AC
Hannah	ANDERSON	20	East Kilbride Athletics Club
Holly	ARCHER	29	Cambridge & Coleridge AC
Izzy	COTHAM	25	Wolverhampton & Bilston
Jemma	REEKIE	24	Kilbarchan AAC
Jessica	SPILSBURY	19	Sale Harriers Manchester
Juliet	HODDER	22	Wirral AC
Kate	WILLIS	20	City Of Norwich AC
Katie	LOWERY	23	Warrington A C
Katie	SNOWDEN	28	Herne Hill Harriers
Khahisa	MHLANGA	23	Herts Phoenix AC
lauren	CHURCH	24	Reading AC
Louise	HACKETT	18	Wolverhampton & Bilston
Maddie	DEADMAN	23	Basingstoke & Mid Hants AC
Pippa	ROESSLER	19	Aldershot Farnham & District
Sabrina	SINHA	23	Cambridge Harriers
Samantha	MASON	20	Salford Harriers & AC
Scarlett	LIVINGSTONE	17	Exeter Harriers

## UK Athletics Indoor Championships 2023

Sophie

CRUMLY

32

Reading AC

## UK Athletics Indoor Championships 2023

### W - Women

### [3000m]

First Name	Last Name	AGE	Club
Amy-Eloise	MARKOVIC	27	Wakefield District H & AC
Bryony	GUNN	24	Birchfield Harriers
Cari	HUGHES	23	Cardiff Athletics
Ellie	WALLACE	23	North Somerset AC
Eloise	WALKER	21	Edinburgh AC
Elsa	PALMER	21	University of Birmingham AC and Cross Country Club
Hannah	NUTTALL	25	Charnwood A C
Izzy	FRY	22	Newbury AC
Jenny	NESBITT	28	Pontypridd Roadents AC
Melissa	COURTNEY-BRYANT	29	Poole AC
Philippa	BOWDEN	27	Aldershot Farnham & District
Philippa	STONE	24	Middlesbrough Athletic Club (Mandale)
Rebecca	JOHNSON	28	Highgate Harriers
Saskia	MILLARD	22	Herne Hill Harriers

## UK Athletics Indoor Championships 2023

### W - Women

### [60m Hurdles]

First Name	Last Name	AGE	Club
Alicia	BARRETT	24	Trafford Athletic Club
Anastasia	DAVIES	23	Blackheath & Bromley Harriers AC
Angelita	BROADBELT	37	Thames Valley Harriers
Ashley	WATSON	18	Hartlepool Athletics Club
Chelsea	WALKER	25	City of York AC
Cindy	SEMBER	28	Woodford Green AC with Essex Ladies
Dani	HALES	20	Telford AC
Emily	RUSSELL	23	Harrow AC
Emma	NWOFOR	26	Newham & Essex Beagles AC
Erin	CAMPBELL	23	Giffnock North AC
Etienne	MAUGHAN	18	Bedford & County AC
Freya	DOCKERTY	17	Sale Harriers Manchester
Grace	MORGAN	21	Cardiff Archers
Holly	MILLS	22	Andover AC
Jane	DAVIDSON	20	Aberdeen AAC
Jasmine	CLARK	22	Trafford Athletic Club
Jenna	BLUNDELL	21	Bristol and West AC
Jessica	DUNCTON	17	Birchfield Harriers
Jessica	HUNTER	26	Shaftesbury Barnet Harriers
Jodie	SELF	17	Blackheath & Bromley Harriers AC
Jodie	SMITH	21	Windsor Slough Eton & Hounslow AC
Kia	SLADE	22	Bournemouth AC
Kira	HOLT	19	Kingston AC And Poly Harriers
Lauren	EVANS	22	Cardiff Athletics
Lauren	WATKINS	18	Bracknell AC
Lia	BONSU	17	Croydon Harriers
Mallory	CLULEY	20	Blackheath & Bromley Harriers AC
Marli	JESSOP	19	Shaftesbury Barnet Harriers
Mayalee	OSOLA	17	Bristol and West AC
Mia	MCINTOSH	18	Harrow AC
Paris	KING	17	Havering AC



## UK Athletics Indoor Championships 2023

Philippa	ELLIS	19	Gateshead Harriers & AC
Scarlett	GAMMELL	17	Watford Harriers
Venus	MORGAN	21	Kingston upon Hull AC
Zoe	LUCAS	26	Notts AC

## UK Athletics Indoor Championships 2023

### W - Women

### [Long Jump]

First Name	Last Name	AGE	Club
Brooke	IRONSIDE	19	Bournemouth AC
Emily	THOMAS	22	Cardiff Archers
Holly	MILLS	22	Andover AC
Jahisha	THOMAS	28	Blackheath & Bromley Harriers AC
Jazmin	SAWYERS	28	City of Stoke AC
Jodie	SMITH	21	Windsor Slough Eton & Hounslow AC
Lucy	FELLOWS	18	Windsor Slough Eton & Hounslow AC
Lucy	HADAWAY	22	City of York AC
Molly	PALMER	19	Thames Valley Harriers
Nikki	MANSON	28	Giffnock North AC

## UK Athletics Indoor Championships 2023

### W - Women

### [Triple Jump]

First Name	Last Name	AGE	Club
Amelia	GRAY	18	Andover AC
Amy	WARRE	18	Windsor Slough Eton & Hounslow AC
Georgina	FORDE-WELLS	20	Loughborough Students AC
Jahisha	THOMAS	28	Blackheath & Bromley Harriers AC
Jasmine	HULLAND	20	City of Sheffield and Dearne AC
Libby	WHITE	0	Ayr Seaforth AAC
Lily	HULLAND	21	Thames Valley Harriers
Mary	ELCOCK	27	Woodford Green AC with Essex Ladies
Melissa	BOOTH	18	Sale Harriers Manchester
Michelle	YALEKHUE	17	Amber Valley and Erewash Athletic Club
Montana	JACKSON	29	Thames Valley Harriers
Naomi	METZGER	24	Trafford Athletic Club
Shanara	HIBBERT	29	Woodford Green AC with Essex Ladies

## UK Athletics Indoor Championships 2023

### W - Women

### [High Jump]

First Name	Last Name	AGE	Club
Amaya	SCOTT-RULE	22	Southampton Athletic Club
Claire	MCGARVEY	21	Banchory Stonehaven AC
Emily	MADDEN FORMAN	23	Trafford Athletic Club
Gabrielle	GARBER	18	Leeds City Athletic Club
Halle	FERGUSON	18	Trafford Athletic Club
Kate	ANSON	27	Liverpool Harriers & AC
Laura	ZIALOR	0	Marshall Milton Keynes AC
Lauren	EVANS	22	Cardiff Athletics
Lucy	WALLIKER	24	Exeter Harriers
Morgan	LAKE	25	Windsor Slough Eton & Hounslow AC

## UK Athletics Indoor Championships 2023

### W - Women

### [Pole Vault]

First Name	Last Name	AGE	Club
Esther	LEONG	23	Bristol and West AC
Felicia	MILORO	22	Sutton in Ashfield Harriers & AC
Imogen	SMITH	23	City of Stoke AC
Jade	IVE	31	Sutton & District AC
Jade	SPENCER-SMITH	21	Harrow AC
Jasmine	CAREY	20	Blackpool Wyre & Fylde AC
Jessica	ROBINSON	23	Windsor Slough Eton & Hounslow AC
Megan	BAILEY	25	Harrow AC
Nemiah	MUNIR	20	Wycombe Phoenix Harriers & AC
Sophie	ASHURST	19	Sale Harriers Manchester
Sophie	COOK	28	Halesowen ACC
Sophie	DOWSON	24	Blackheath & Bromley Harriers AC
Tilly	HOOPER	25	Birchfield Harriers

## UK Athletics Indoor Championships 2023

### W - Women

### [Shot Put]

First Name	Last Name	AGE	Club
Abigail	PAWLETT	20	Trafford Athletic Club
Alexandrea	ADENIJI	20	Harrow AC
Amelia	STRICKLER	29	Thames Valley Harriers
Amy	KENNEDY	18	Cumbernauld Amateur Athletics Club
Cleo	AGYEPONG	17	Blackheath & Bromley Harriers AC
Holly	MILLS	22	Andover AC
Jess	HOPKINS	21	Chelmsford AC
Jo	ROWLAND	33	Crawley AC
Omolola	KUPONIYI	18	Chelmsford AC
Sabrina	FORTUNE	25	Deeside Runners
Serena	VINCENT	21	City Of Portsmouth AC
Shaunna	THOMPSON	30	Sale Harriers Manchester
Sophie	MCKINNA	28	Great Yarmouth & District AC
Teddy Shalom	TCHOUDJA	19	Shettleston Harriers

## UK Athletics Indoor Championships 2023

### W - Women [3000m Race Walk]

First Name	Last Name	AGE	Club
Abby	HUGHES	17	Taunton AC
Abigail	JENNINGS	22	Aldershot Farnham & District
Bethan	DAVIES	32	Cardiff Athletics
Erika	KELLY	30	Northern (Isle of Man) AC
Gracie	GRIFFITHS	16	Pembrokeshire Harriers
Hannah	HOPPER	19	Cambridge Harriers
Jasmine	NICHOLLS	27	Leicester Walking Club
Mia	DUNWELL	17	Northern (Isle of Man) AC
Pagen	SPOONER	21	Hyde Park Harriers

## UK Athletics Indoor Championships 2023

### W - Women

### [60m Para]

First Name	Last Name	AGE	Club
Ali	SMITH	34	Guildford & Godalming AC
Bebe	JACKSON	17	Harlow AC
Esme	O'CONNELL	20	Dacorum Athletic Club
Faye	OLSZOWKA	22	Bexley AC
Hetty	BARTLETT	31	City Of Norwich AC
Rebecca	SCOTT	16	Stevenage & North Herts AC
Simran	KAUR	20	Bristol and West AC
Victoria	LEVITT	26	Hyndburn AC