

Event Timetable

Friday, 24 th June					
14:00	100m Decathlon	Men	Heats		
14:40	Long Jump Decathlon	Men			
16:00	400m Hurdles	Men	Round 1		
16:12	Shot Put Decathlon	Men			
16:30	100m	Men	Round 1		
17:35	100m	Women	Round 1		
18:00	High Jump Decathlon	Men			
18:20	400m	Women	Round 1		
18:50	400m	Men	Round 1		
19:20	1500m	Men	Round 1		
19:44	1500m	Women	Round 1		
20:10	3000m Under 20	Women	Final		
20:25	3000m Under 20	Men	Final		
20:40	400m Decathlon	Men	Heats		







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Saturday, 25 th June				
10:00	100m Hurdles Heptathlon	Women	Heats	
10:16	110m Hurdles Decathlon	Men	Heats	
11:00	High Jump Heptathlon	Women		
11:04	Discus Throw Decathlon	Men		
12:20	Javelin Throw	Women	Final	
12:50	Pole Vault Decathlon	Men		
13:20	110m Hurdles	Men	Round 1	
13:31	High Jump	Men	Final	
13:45	800m	Men	Round 1	
14:10	Discus Throw	Women	Final	
14:15	800m	Women	Round 1	
14:45	400m Hurdles	Women	Heats	
14:49	Triple Jump	Women	Final	
15:15	400m Hurdles	Men	Final	
15:25	100m Ambulant	Men	Final	
15:30	Shot Put Heptathlon	Women		
15:35	100m Ambulant	Women	Final	
15:45	1500m	Women	Final	
15:53	Javelin Throw Decathlon	Men		
15:56	1500m	Men	Final	
16:05	100m	Men	Semi-Final	
16:16	Pole Vault	Men	Final	
16:30	100m	Women	Semi-Final	
16:50	Shot Put	Men	Final	
16:55	3000m Steeple Chase	Men	Final	
17:08	Long Jump	Women	Final	
17:15	110m Hurdles	Men	Final	
17:25	400m	Men	Final	
17:35	400m	Women	Final	
17:40	Hammer Throw	Men	Final	
17:45	200m Heptathlon	Women	Heats	
18:00	1500m Decathlon	Men	Final	
18:15	5000m	Women	Final	
18:40	100m	Men	Final	
18:50	100m	Women	Final	







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Sunday, 26 th June					
10:30	Javelin Throw	Men	Final		
11:35	Long Jump Heptathlon	Women			
11:38	Shot Put	Women	Final		
12:00	5000m Walk	Women	Final		
12:32	Discus Throw	Men	Final		
12:35	5000m Walk	Men	Final		
13:02	Triple Jump	Men	Final		
13:05	100m Hurdles	Women	Heats		
13:35	200m	Women	Round 1		
14:02	High Jump	Women	Final		
14:05	200m	Men	Round 1		
14:10	Javelin Throw Heptathlon	Women			
14:16	Pole Vault	Women	Final		
14:35	400m Hurdles	Women	Final		
14:45	Para 1500m	Men	Final		
14:55	100m Hurdles	Women	Final		
15:05	3000m Steeple Chase	Women	Final		
15:17	Long Jump	Men	Final		
15:20	400m Wheelchair	Men	Final		
15:25	Hammer Throw	Women	Final		
15:28	400m Wheelchair	Women	Final		
15:38	200m	Women	Final		
15:47	200m	Men	Final		
15:56	800m Heptathlon	Women	Final		
16:10	5000m	Men	Final		
16:35	800m	Men	Final		
16:45	800m	Women	Final		

^{*}Correct as of 06/06/2022







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^{*}Timetable is subject to change