

UK Athletics Indoor Championships 2022 Timetable

SATURDAY 26 th FEBRUARY			
Time	Event	Gender	Stage
10:00	60m	Heptathlon	Heat 1
10:06	60m	Heptathlon	Heat 2
11:10	Long Jump	Men	Heptathlon
11:20	60m	Women	Heat 1
11:26	60m	Women	Heat 2
11:32	60m	Women	Heat 3
11:38	60m	Women	Heat 4
11:44	60m	Women	Heat 5
11:50	60m	Women	Heat 6
11:56	60m	Women	Heat 7
12:05	60m	Men	Heat 1
12:11	60m	Men	Heat 2
12:17	60m	Men	Heat 3
12:23	60m	Men	Heat 4
12:29	60m	Men	Heat 5
12:35	60m	Men	Heat 6
12:40	Shot Put	Men	Heptathlon
12:43	60m	Men	Heat 7
12:50	400m	Women	Heat 1
12:56	400m	Women	Heat 2
13:02	400m	Women	Heat 3
13:08	400m	Women	Heat 4
13:14	400m	Women	Heat 5
13:12	Triple Jump	Men	Final
13:20	400m	Men	Heat 1
13:26	400m	Men	Heat 2
13:32	400m	Men	Heat 3
13:38	400m	Men	Heat 4
13:44	400m	Men	Heat 5
13:50	60m Hurdles	Women	Heat 1
13:56	60m Hurdles	Women	Heat 2
14:02	60m Hurdles	Women	Heat 3
14:08	60m Hurdles	Women	Heat 4
14:13	Pole Vault	Women	Final
14:15	800m	Men	Heat 1
14:22	800m	Men	Heat 2
14:29	800m	Men	Heat 3
14:34	High Jump	Men	Heptathlon
14:36	800m	Men	Heat 4
14:42	60m	Women	SF 1
14:48	60m	Women	SF 2
14:54	60m	Women	SF 3

15:00	60m	Men	SF 1
15:06	60m	Men	SF 2
15:12	60m	Men	SF 3
15:17	Triple Jump	Women	Final
15:20	60m Para	Women	Final
15:30	60m Para	Men	Final
15:40	60m Hurdles	Women	Final
15:50	3000m	Men	Final
16:05	60m	Women	Final
16:15	60m	Men	Final
16:25	800m	Women	Heat 1
16:32	800m	Women	Heat 2
16:39	800m	Women	Heat 3
16:46	800m	Women	Heat 4
16:55	1500m	Men	Heat 1
17:04	1500m	Men	Heat 2
17:13	High Jump	Men	Final
17:15	400m	Women	SF 1
17:23	400m	Women	SF 2
17:35	Shot Put	Men	Final
17:40	400m	Men	SF 1
17:48	400m	Men	SF 2
17:55	1500m	Women	Heat 1
18:05	1500m	Women	Heat 2

SUNDAY 27 TH FEBRUARY			
Time	Event	Gender	Stage
10:37	60m Hurdles	Pentathlon	Heat 1
10:45	60m Hurdles	Heptathlon	Heat 1
10:53	60m Hurdles	Heptathlon	Heat 2
11:35	High Jump	Women	Pentathlon
11:40	Long Jump	Men	Final
11:50	Pole Vault	Men	Heptathlon
12:00	200m	Men	Heat 1
12:06	200m	Men	Heat 2
12:12	200m	Men	Heat 3
12:18	200m	Men	Heat 4
12:24	200m	Men	Heat 5
12:30	200m	Women	Heat 1
12:36	200m	Women	Heat 2
12:42	200m	Women	Heat 3
12:48	200m	Women	Heat 4
13:00	60m Hurdles	Men	Heat 1
13:06	60m Hurdles	Men	Heat 2
13:12	60m Hurdles	Men	Heat 3
13:25	3000m Walk	Women	Final
13:30	Shot Put	Women	Pentathlon
13:35	Long Jump	Women	Final
13:50	3000m Walk	Men	Final
14:13	60m Hurdles	Men	Final
14:23	1000m	Heptathlon	Final
14:35	800m	Men	Final
14:45	200m	Men	SF 1
14:53	200m	Men	SF 2
14:57	Pole Vault	Men	Final
15:02	200m	Women	SF 1
15:10	200m	Women	SF 2
15:15	3000m	Women	Final
15:30	1500m	Men	Final
15:18	High Jump	Women	Final
15:27	Long Jump	Women	Pentathlon
15:43	Shot Put	Women	Final
15:46	400m	Women	Final
15:56	400m	Men	Final
16:06	200m	Men	Final
16:16	200m	Women	Final
16:28	800m	Women	Pentathlon
16:36	1500m	Women	Final
16:46	800m	Women	Final

*Correct as of 22nd February