

2021 Event Timetable

Friday 25th June

Time	Event	M/W	Round
14:30	100m	M	Decathlon
15:10	Long Jump	M	Decathlon
16:25	Shot Put	M	Decathlon
17:05	400m Hurdles	W	Heats
17:30	100m	W	Heats
18:05	100m	M	Heats
18:10	High Jump	M	Decathlon
18:55	400m	W	Heats
19:25	400m	M	Heats
19:55	1500m	M	Heats
20:23	400m	M	Decathlon
20:38	1500m	W	Heats
21:05	U20 3000m	W	Final
21:20	U20 3000m	M	Final
21:35	10000m	M	Final

Saturday 26th June

Time	Event	M/W	Round
10:00	100m Hurdles	W	Heptathlon
10:16	110m Hurdles	M	Decathlon
11:00	High Jump	W	Heptathlon
11:04	Discus	M	Decathlon
12:20	Hammer	W	Final
12:45	Pole Vault	M	Decathlon
13:08	110m Hurdles	M	Heats
13:30	High Jump	M	Final
13:35	800m	M	Heats
14:05	800m	W	Heats
14:10	Discus	M	Final
14:35	400m Hurdles	M	Heats
14:48	Long Jump	M	Final
15:00	400m Hurdles	W	Final
15:10	400m Wheelchair	M	Final
15:18	100m Mixed Class	M	Final
15:25	1500m	W	Final
15:33	Shot Put	W	Heptathlon
15:35	1500m	M	Final
15:45	100m	M	Semi-Final
16:08	100m	W	Semi-Final
16:12	Pole Vault	W	Final

16:20	Javelin	M	Decathlon
16:30	3000m SC	W	Final
16:48	400m	M	Final
16:55	Shot Put	M	Final
17:00	Triple Jump	W	Final
17:02	400m	W	Final
17:18	200m	W	Heptathlon
17:24	Javelin	M	Final
17:35	5000m	M	Final
18:05	110m H	M	Final
18:12	1500m	M	Decathlon
18:25	100m	M	Final
18:35	100m	W	Final

Sunday 27th June

Time	Event	M/W	Round
10:30	Hammer	M	Final
11:35	Long Jump	W	Heptathlon
11:37	Shot Put	W	Final
12:00	100m Hurdles	W	Heats
12:30	200m	W	Heats
12:26	Javelin	W	Final
12:58	200m	M	Heats
13:03	Long Jump	W	Final
13:25	5000m RW	M	Final
13:55	5000m RW	W	Final
14:00	High Jump	W	Final
14:10	Javelin	W	Heptathlon
14:15	Pole Vault	M	Final
14:30	400mH	M	Final
14:40	400m Wheelchair	W	Final
14:50	800m	W	Final
15:00	800m	M	Final
15:10	100m Mixed Class	W	Final
15:15	Triple Jump	M	Final
15:20	100m Hurdles	W	Final
15:25	Discus	W	Final
15:30	5000m	W	Final
15:55	800m	W	Heptathlon
16:15	3000m SC	M	Final
16:35	200m	M	Final
16:46	200m	W	Final

*Please note the timetable is subject to change.