LANE DRAW	Event: 400m	Women
No of heats: *3*	*Qualifying conditions: Winner plus next 4 fastest losers to A and B Finals*	*14.30*

		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1	Name			*Ama Pipi*	*Jodie Williams*				
	No.			*24*	*27*				
	Club			*Enfield & Haringey*	*Herts Pheonix*				
2	Name			*Amy Hillyard*	*Jessie Knight*				
	No.			*21*	*22*				
	Club			*Birchfield*	*WSE & H*				
3	Name		*Holly Turner*	*Yasmin Liverpool*	*Zoey Clark*				
	No.		*25*	*23*	*19*				
	Club		*Crawley*	*Coventry Godiva*	*Thames Valley*				
4	Name								
	No.								
	Club								
5	Name								
	No.								
	Club								
6	Name								
	No.								
	Club								