

Manchester Regional Arena			
Friday 4 September 2020			
Time	M/W	Description	Rounds
14:22	M	Javelin	Final
14:35	W	400m	Heats
15:30	M	Pole Vault	Final
15:35	M	100m	Heats
16:10	M	Long Jump	Final
16:15	M	400m	Heats
16:40	W	Hammer	Final
16:45	W	800m	Heats
17:15	M	110m hurdles	Heats
17:33	M	High Jump	Final
17:40	W	100m hurdles	Heats
18:10	W	100m	Heats
18:34	M	100m	Semi Finals
18:50	M	400m hurdles	Heats
19:05	W	Discus	Final
19:10	W	400m hurdles	Heats
19:15	W	Long Jump	Final
19:30	W	400m Wheelchair	Final
19:35	W	Shot	Final
19:40	W	100m Ambulant	Final
19:50	M	110m hurdles	Final
20:00	W	100m hurdles	Final
20:10	M	800m	Heats
20:40	W	100m	Final
20:50	M	100m	Final
21:05	W	5000m	Final
21:25	M	1500m	Heats
21:42	W	1500m	Heats




Saturday 5 September 2020				
10:35	W	5000m walk	Final	
11:12	W	Javelin	Final	
11:15	M	5000m walk	Final	
12:10	W	200m	Heats	
12:25	M	Triple Jump	Final	
12:30	M	200m	Heats	
12:53	M	Hammer	Final	
13:00	M	Steeplechase	Final	
13:25	M	400m hurdles	Final	
13:35	W	High Jump	Final	
13:40	W	400m hurdles	Final	
13:50	W	3000m Steeplechase	Final	
14:03	M	Shot	Final	
14:05	M	100m Ambulant	Final	
14:15	M	400m Wheelchair	Final	
14:25	W	Pole Vault	Final	
14:30	M	5000m	Final	
14:47	W	Triple Jump	Final	
14:50	M	800m	Final	
15:05	W	800m	Final	
15:10	M	Discus	Final	
15:20	M	400m	Final	
15:30	W	400m	Final	
15:40	W	200m	Final	
15:50	M	200m	Final	
16:03	M	1500m	Final	
16:18	W	1500m	Final	
Correct as of 28th August 2020				

