

International Senior & U20 Indoor Combined Events  
National Indoor Athletics Centre, Cardiff, Wales - 26 & 27 January 2019

**SM Heptathlon**



Rank	Bib	Athlete	CTY	60m				Long Jump				Shot				High Jump				60m Hurdles				Pole Vault				1000m				PB	
				Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank	Perf	Points	Day 1	Rank	Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank		
1	342	UREÑA Jorge	ESP	6.98	889	889	1	7.33	893	1,782	1	14.50	759	2,541	1	2.02	822	3,363	1	7.83	1,025	4,388	1	4.95	895	5,283	1	02:42.96	841	6,124	1		
2	330	OLIVAS Julien	FRA	7.17	823	823	8	6.56	711	1,534	15	14.60	765	2,299	10	1.96	767	3,066	7	8.22	927	3,993	5	5.25	988	4,981	3	02:45.25	816	5,797	2	PB	
3	343	JORDAN Jonay	ESP	7.00	882	882	2	6.91	792	1,674	3	15.70	833	2,507	2	1.93	740	3,247	2	8.01	979	4,226	2	4.55	775	5,001	2	02:51.70	748	5,749	3	PB	
4	314	DOLEŽAL Jan	CZE	7.18	819	819	9	7.07	830	1,649	5	14.21	741	2,390	4	1.96	767	3,157	4	8.34	898	4,055	4	4.85	865	4,920	4	02:44.97	819	5,739	4		
5	303	MURPHY Andrew	GBR	7.25	796	796	12	6.94	799	1,595	9	13.91	723	2,318	8	1.90	714	3,032	8	8.36	893	3,925	7	4.95	895	4,820	6	02:46.01	808	5,628	5	PB	
6	301	GREGORY Ben	GBR	7.32	772	772	15	6.84	776	1,548	13	12.76	653	2,201	16	1.90	714	2,915	14	8.36	893	3,808	13	5.05	926	4,734	8	02:44.24	827	5,561	6		
7	315	LUKÁŠ Marek	CZE	7.19	816	816	10	6.65	732	1,548	13	13.49	697	2,245	11	1.87	687	2,932	12	8.18	937	3,869	10	4.75	834	4,703	10	02:46.18	806	5,509	7		
8	317	KOPECKÝ Ondřej	CZE	7.19	816	816	10	7.02	818	1,634	6	12.08	611	2,245	11	1.93	740	2,985	10	8.22	927	3,912	8	4.85	865	4,777	7	02:53.90	725	5,502	8	PB	
9	329	AUZEIL Bastien	FRA	7.27	789	789	13	6.81	769	1,558	11	14.96	787	2,345	7	1.93	740	3,085	6	8.49	862	3,947	6	4.55	775	4,722	9	02:54.12	723	5,445	9		
10	331	MAISONNEUVE Karly	FRA	7.10	847	847	6	6.82	771	1,618	8	13.50	698	2,316	9	1.84	661	2,977	11	8.25	920	3,897	9	4.55	775	4,672	11	02:49.49	771	5,443	10		
11	357	HORBOWICZ Rafal	POL	7.40	745	745	18	6.70	743	1,488	17	14.47	757	2,245	11	1.87	687	2,932	12	8.26	917	3,849	11	4.55	775	4,624	12	02:53.27	732	5,356	11		
12	358	ABRAMOWSKI Rafal	POL	7.15	830	830	7	7.08	833	1,663	4	13.57	702	2,365	6	1.81	636	3,001	9	8.57	843	3,844	12	4.35	716	4,560	13	02:49.83	767	5,327	12		
13	300	BELL Howard	GBR	7.33	769	769	16	6.87	783	1,552	12	12.74	651	2,203	15	1.87	687	2,890	15	8.46	869	3,759	14	4.25	688	4,447	14	02:48.29	784	5,231	13		
14	359	CHOCHOROWSKI Jacek	POL	7.27	789	789	13	6.92	795	1,584	10	12.57	641	2,225	14	1.78	610	2,835	16	8.46	869	3,704	15	4.25	688	4,392	15	03:00.06	664	5,056	14		
15	316	RYKL Radoš	CZE	7.44	732	732	19	6.54	707	1,439	18	11.46	574	2,013	17	1.69	536	2,549	18	8.99	748	3,297	17	5.05	926	4,223	16	03:03.77	628	4,851	15		
16	345	MERINO Ferran	ESP	7.35	762	762	17	6.63	727	1,489	16	9.68	466	1,955	18	1.84	661	2,616	17	9.22	698	3,314	16	4.15	659	3,973	17	02:45.59	812	4,785	16		
	356	WIESOLEK Pawel	POL	7.08	854	854	5	6.83	774	1,628	7	14.43	755	2,383	5	2.02	822	3,205	3	8.33	900	4,105	3	4.65	804	4,909	5	DNS		*			
	344	ARANCON Mario	ESP	7.01	879	879	3	7.04	823	1,702	2	13.57	702	2,404	3	1.90	714	3,118	5	DNF		3,118	18	DNF		*				*			
	302	LANE John	GBR	7.03	872	872	4	DNS		*				*			*				*				*					*			

Rank	TEAM COMPETITION	60m				Long Jump				Shot				High Jump				60m Hurdles				Pole Vault				1000m						
		Points	Cum.	Rank	Rank	Points	Cum.	Rank	Rank	Points	Cum.	Rank	Rank	Points	Cum.	Rank	Rank	Points	Cum.	Rank	Rank	Points	Cum.	Rank	Rank	Points	Cum.	Rank	Rank			
1	CZE	2,451	2,451	3		2,380	4,831	2		2,049	6,880	3		2,194	9,074	3		2,762	11,836	3		2,564	14,400	1		2,350	16,750	1				
2	FRA	2,459	2,459	2		2,251	4,710	4		2,250	6,960	2		2,168	9,128	2		2,709	11,837	2		2,538	14,375	2		2,310	16,685	2				
3	ESP	2,533	2,533	1		2,412	4,945	1		2,058	7,003	1		2,223	9,226	1		2,702	11,928	1		2,329	14,257	3		2,401	16,658	3				
4	GBR	2,337	2,337	5		2,358	4,695	5		2,027	6,722	5		2,115	8,837	4		2,655	11,492	4		2,509	14,001	4		2,419	16,420	4				
5	POL	2,364	2,364	4		2,371	4,735	3		2,100	6,835	4		1,933	8,768	5		2,629	11,397	5		2,179	13,576	5		2,163	15,739	5				



<b>Men's 60m - Race 1</b>						
Posn	Bib	Athlete	Country	Perf	Points	PB
1	342	UREÑA Jorge	ESP	6.98	889	
2	302	LANE John	GBR	7.03	872	
3	356	WIESOLEK Pawel	POL	7.08	854	
4	315	LUKÁŠ Marek	CZE	7.19	816	
5	329	AUZEIL Bastien	FRA	7.27	789	

<b>Men's 60m - Race 2</b>						
1	Bib	Athlete	Country	Perf	Points	
2	344	ARANCON Mario	ESP	7.01	879	
3	331	MAISONNEUVE Karly	FRA	7.10	847	
4	358	ABRAMOWSKI Rafal	POL	7.15	830	
5	314	DOLEŽAL Jan	CZE	7.18	819	
6	303	MURPHY Andrew	GBR	7.25	796	

<b>Men's 60m - Race 3</b>						
Posn	Bib	Athlete	Country	Perf	Points	
1	343	JORDAN Jonay	ESP	7.00	882	PB
2	359	CHOCHOROWSKI Jacek	POL	7.27	789	PB
3	300	BELL Howard	GBR	7.33	769	PB
4	316	RYKL Radoš	CZE	7.44	732	
5						

<b>Men's 60m - Race 4</b>						
Posn	Bib	Athlete	Country	Perf	Points	
1	330	OLIVAS Julien	FRA	7.17	823	
2	317	KOPECKÝ Ondřej	CZE	7.19	816	
3	301	GREGORY Ben	GBR	7.32	772	
4	345	MERINO Ferran	ESP	7.35	762	
5	357	HORBOWICZ Rafal	POL	7.40	745	

# UK ATHLETICS: DISTANCE CARD - COMBINED EVENTS

MEETING		International Senior & U20 CE		VENUE		NIAC, Cardiff		DATE		Friday 26/01/2018				
EVENT		Long Jump Senior Men Pool A		TIME		12:55								
Order	No	NAME	COUNTRY	1st Trial	2nd Trial	3rd Trial	Best of 3		4th Trial	5th Trial	6th Trial	Best of All	PB	Signatures
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	315	LUKÁŠ Marek	CZE	X	6.64	6.65	6.65					6.65		Judges' Signatures
2	330	OLIVAS Julien	FRA	6.52	X	6.56	6.56					6.56		
3	345	MERINO Ferran	ESP	X	6.48	6.63	6.63					6.63		
4	357	HORBOWICZ Rafal	POL	6.70	6.66	6.65	6.70					6.70		
5	300	BELL Howard	GBR	6.87	X	6.65	6.87					6.87		
6	317	KOPECKÝ Ondřej	CZE	7.02	6.86	X	7.02					7.02		
7	331	MAISONNEUVE Karly	FRA	6.77	6.63	6.82	6.82					6.82		
8	344	ARANCON Mario	ESP	7.01	X	7.04	7.04					7.04	=PB	
9	359	CHOCHOROWSKI Jacek	POL	X	6.92	6.61	6.92					6.92		
10	303	MURPHY Andrew	GBR	6.94	6.90	6.78	6.94					6.94		
11	314	DOLEŽAL Jan	CZE	7.07	6.90	6.89	7.07					7.07		
12	328	GADO Ruben	FRA	DNS			DNS					DNS		
13	343	JORDAN Jonay	ESP	6.45	6.91	6.78	6.91					6.91		
14	358	ABRAMOWSKI Rafal	POL	7.08	X	X	7.08					7.08		
15	301	GREGORY Ben	GBR	6.84	6.70	6.81	6.84					6.84		
16	316	RYKL Radoš	CZE	6.26	6.54	6.15	6.54					6.54		
17	329	AUZEIL Bastien	FRA	6.75	6.61	6.81	6.81					6.81		
18	342	UREÑA Jorge	ESP	7.27	7.33	7.16	7.33					7.33		
19	356	WIESOLEK Pawel	POL	X	6.83	X	6.83					6.83		
20	302	LANE John	GBR	DNS			DNS					DNS		
21														Referee's Signature
22														
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# UK ATHLETICS: DISTANCE CARD - COMBINED EVENTS

MEETING		International Senior & U20 CE		VENUE		NIAC, Cardiff		DATE		Saturday 26/01/2019																				
EVENT		Shot Put (7.26kg) Senior Men Pool A		TIME																										
Order	No	NAME	COUNTRY	1st Trial	2nd Trial	3rd Trial	Best of 3		4th Trial	5th Trial	6th Trial	Best of All	PB	Signatures																
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres																		
1	359	CHOCHOROWSKI Jacek	POL	X	12.04	12.57	12.57					12.57		Judges' Signatures																
2	300	BELL Howard	GBR	12.74	12.35	12.62	12.74					12.74	PB		Judges' Signatures															
3	317	KOPECKÝ Ondřej	CZE	X	12.08	11.93	12.08					12.08				Judges' Signatures														
4	331	MAISONNEUVE Karly	FRA	13.45	13.50	12.94	13.50					13.50					Judges' Signatures													
5	345	MERINO Ferran	ESP	9.20	X	9.68	9.68					9.68						Judges' Signatures												
6	358	ABRAMOWSKI Rafal	POL	12.99	13.57	13.17	13.57					13.57							Judges' Signatures											
7	301	GREGORY Ben	GBR	12.61	12.75	12.76	12.76					12.76								Judges' Signatures										
8	314	DOLEŽAL Jan	CZE	13.35	X	14.21	14.21					14.21									Judges' Signatures									
9	344	ARANCON Mario	ESP	12.37	13.57	13.10	13.57					13.57										Judges' Signatures								
10	357	HORBOWICZ Rafal	POL	X	14.28	14.47	14.47					14.47	PB										Judges' Signatures							
11	303	MURPHY Andrew	GBR	12.27	13.34	13.91	13.91					13.91	PB											Judges' Signatures						
12	315	LUKÁŠ Marek	CZE	13.40	13.49	13.23	13.49					13.49													Judges' Signatures					
13	330	OLIVAS Julien	FRA	14.60	14.23	14.40	14.60					14.60	PB													Judges' Signatures				
14	342	UREÑA Jorge	ESP	13.38	14.50	X	14.50					14.50	PB														Judges' Signatures			
15	356	WIESOLEK Pawel	POL	14.23	13.99	14.43	14.43					14.43	PB															Judges' Signatures		
16	316	RYKL Radoš	CZE	11.46	10.35	10.36	11.46					11.46																	Judges' Signatures	
17	329	AUZEIL Bastien	FRA	14.96	X	X	14.96					14.96																		Judges' Signatures
18	343	JORDAN Jonay	ESP	15.70	14.94	14.53	15.70					15.70	PB																	
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# UK ATHLETICS: HEIGHT CARD - COMBINED EVENTS

MEETING		International Senior & U20 CE		VENUE		NIAC, CARDIFF							DATE		Saturday 26/01/2019						
EVENT		High Jump Senior Men Pool B		TIME																	
Order	No	NAME	COUNTRY	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.93	1.96	1.99	Best of All Metres	Trials at Ht Cleared Total	Failures Total	Trials	PB	Signatures
				Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres						
1	316	RYKL Radoš	CZE		o			xxx								1.69					
2	330	OLIVAS Julien	FRA					o	o	o	xo	o	xxo	xxx	1.96					PB	
3	357	HORBOWICZ Rafal	POL				o	o	o	xxx					1.87						
4	359	CHOCHOROWSKI Jacek	POL			o	o	o	xxx						1.78						
5	345	MERINO Ferran	ESP	o		o		o	o	xxo	xxx				1.84						
6	358	ABRAMOWSKI Rafal	POL				o	xo	xo	xxx					1.81						
7	343	JORDAN Jonay	ESP					o		xo	xo	xo	xxx	1.93							
8	317	KOPECKÝ Ondřej	CZE					o	o	o	o	o	xxx	1.93							
9	344	ARANCON Mario	ESP				o	o	o	o	xxo	o	xxx	1.90							
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Judges' Signatures

Referee's Signature

# UK ATHLETICS: HEIGHT CARD - COMBINED EVENTS

MEETING		International Senior & U20 CE				VENUE		NIAC, CARDIFF						DATE		Saturday 26/01/2019					
EVENT		High Jump Senior Men Pool A				TIME															
Order	No	NAME	COUNTRY	1.75	1.78	1.81	1.84	1.87	1.90	1.93	1.96	1.99	2.02	2.05	2.08	Best of All Metres	Trials at Ht Cleared Total	Failures Total	Trials	PB	Signatures
				Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres						
1	303	MURPHY Andrew	GBR		o	o	o	o	xo	xxx						1.90					Judges' Signatures
2	329	AUZEIL Bastien	FRA				o	xo	o	xo	xxx					1.93					
3	356	WIESOLEK Pawel	POL				o	-	o	o	o	xxo	xo	xxx		2.02					
4	331	MAISONNEUVE Karly	FRA		o	o	xxo	xxx								1.84					
5	300	BELL Howard	GBR					o		xxx						1.87					
6	315	LUKÁŠ Marek	CZE		xxo	o	xo	xxo	xxx							1.87					
7	314	DOLEŽAL Jan	CZE						o	o	o	xxx				1.96					
8	342	UREÑA Jorge	ESP					xo		xo		o	xo	x		2.02					
9	301	GREGORY Ben	GBR	o	o	o	o	xxo	o	xxx						1.90					
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Men's 60m Hurdles - Race 1						
Posn	Bib	Athlete	Club	Perf	Points	PB
1	342	UREÑA Jorge	ESP	7.83	1025	PB
2	356	WIESOLEK Pawel	POL	8.33	900	
3	314	DOLEŽAL Jan	CZE	8.34	898	
4	329	AUZEIL Bastien	FRA	8.49	862	
5						

Men's 60m Hurdles - Race 2						
Posn	Bib	Athlete	Club	Perf	Points	PB
1	343	JORDAN Jonay	ESP	8.01	979	PB
2	315	LUKÁŠ Marek	CZE	8.18	937	
3	330	OLIVAS Julien	FRA	8.22	927	
4	357	HORBOWICZ Rafal	POL	8.26	917	PB
5	301	GREGORY Ben	GBR	8.36	893	

Men's 60m Hurdles - Race 3						
Posn	Bib	Athlete	Club	Perf	Points	PB
1	303	MURPHY Andrew	GBR	8.36	893	PB
2	358	ABRAMOWSKI Rafal	POL	8.57	843	
3	316	RYKL Radoš	CZE	8.99	748	
4	344	ARANCON Mario	ESP	DNF		
5						

Men's 60m Hurdles - Race 4						
Posn	Bib	Athlete	Club	Perf	Points	PB
1	317	KOPECKÝ Ondřej	CZE	8.22	927	
2	331	MAISONNEUVE Karly	FRA	8.25	920	PB
3	300	BELL Howard	GBR	8.46	869	=PB
4	359	CHOCHOROWSKI Jacek	POL	8.46	869	
5	345	MERINO Ferran	ESP	9.22	698	



Men's 1000m - Race 1						
Posn	Bib	Athlete	Club	Perf	Points	PB
1	345	MERINO Ferran	ESP	02:45.59	812	PB
2	315	LUKÁŠ Marek	CZE	02:46.18	806	
3	300	BELL Howard	GBR	02:48.29	784	
4	331	MAISONNEUVE Karly	FRA	02:49.49	771	
5	358	ABRAMOWSKI Rafal	POL	02:49.83	767	
6	357	HORBOWICZ Rafal	POL	02:53.27	732	
7	329	AUZEIL Bastien	FRA	02:54.12	723	
8	359	CHOCHOROWSKI Jacek	POL	03:00.06	664	
9	316	RYKL Radoš	CZE	03:03.77	628	






Men's 1000m - Race 2						
Posn	Bib	Athlete	Club	Perf	Points	PB
1	342	UREÑA Jorge	ESP	02:42.96	841	
2	301	GREGORY Ben	GBR	02:44.24	827	
3	314	DOLEŽAL Jan	CZE	02:44.97	819	PB
4	330	OLIVAS Julien	FRA	02:45.25	816	
5	303	MURPHY Andrew	GBR	02:46.01	808	
6	343	JORDAN Jonay	ESP	02:51.70	748	PB
7	317	KOPECKÝ Ondřej	CZE	02:53.90	725	
8	356	WIESOLEK Pawel	POL	DNS		



# UK ATHLETICS: HEIGHT CARD - COMBINED EVENTS

MEETING		International Senior & U20 CE		VENUE		NIAC, CARDIFF						DATE		Sunday 27/01/2019						
EVENT		Pole Vault Senior Men Pool A		TIME																
Order	No	NAME	COUNTRY	3.65	3.75	3.85	3.95	4.05	4.15	4.25	4.35	4.45	4.55	4.65	4.75	Best of All Metres	Trials at Ht Cleared Total	Failures Total	Trials	Signatures
				4.85	4.95	5.05	5.15	5.25	5.35	Metres	Metres	Metres	Metres	Metres	Metres					
1	356	WIESOLEK Pawel	POL									o	o	o	r	4.65				Judges' Signatures
2	314	DOLEŽAL Jan	CZE	xo	xxx								o	o	o	4.85				
3	317	KOPECKÝ Ondřej	CZE	o	xxx								o	xxo	o	4.85				
4	300	BELL Howard	GBR				o	xo	xo	o	xxx					4.25				
5	359	CHOCHOROWSKI Jacek	POL			o		o	o	o	xxx					4.25				
6	301	GREGORY Ben	GBR	xo	xxo	xo	xxx							xo	xo	5.05				
7	330	OLIVAS Julien	FRA	o		xo	xo	xo	xxx					o		5.25				
8	342	UREÑA Jorge	ESP		o	xxx							o		o	4.95				
9	344	ARANCON Mario	ESP													DNS				
10	343	JORDAN Jonay	ESP					o		xo	o	xxo	o	xxx		4.55				
11	345	MERINO Ferran	ESP	o		o	o	o	xo	xxx						4.15				
12	316	RYKL Radoš	CZE	o	xo	xxo	xxx					xo		o		5.05				
13	303	MURPHY Andrew	GBR										o	o	xxo	4.95				
14	358	ABRAMOWSKI Rafal	POL					xo	o	xo	xo	xxx				4.35				
15	357	HORBOWICZ Rafal	POL						o	o	xo	o	xo	xxx		4.55				
16	329	AUZEIL Bastien	FRA										xxo	xxx		4.55				
17	315	LUKÁŠ Marek	CZE	xxx							o	o	o	xxo	xxo	4.75				
18	331	MAISONNEUVE Karly	FRA						xo		xo	xo	o	xxx		4.55				
19																				
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International Indoor Combined Events  
 @ NIAC, Cardiff, Wales  
 Saturday & Sunday 26 & 27 January 2019

Position	ASSOCIATION LOGO	COUNTRY	SM	SW	U20M	U20W	TOTAL
1	 BRITISH ATHLETICS	GREAT BRITAIN & NI	16,420	12,603	10,756	8,178	47,957
2	 Real Federación Española de Atletismo	SPAIN	16,658	12,099	10,634	7,712	47,103
3	 FFA FÉDÉRATION FRANÇAISE ATHLÉTISME	FRANCE	16,685	11,994	10,431	7,374	46,484
4	 ČESKÝ ATLETICKÝ SVAZ	CZECH REPUBLIC	16,750	12,179	9,867	7,647	46,443
5	 PZLA	POLAND	15,739	12,143	9,059	6,901	43,842

International Indoor Combined Events  
26 & 27 January 2019, CARDIFF

SENIOR MEN

