CALL ROOM SCHEDULE				
SUNDAY, 1st JULY				
Couch to 5k run	*Not through Call Room*			09.00
Discus	Women	Final	10.47	11.32
5000m Race Walk	Women	Final	11.10	11.35
5000m Race Walk	Men	Final	11.50	12.15
Pole Vault	Men	Final	11.32	12.47
110m Hurdles	Men	Heat 1	12.25	12.50
110m Hurdles	Men	Heat 2	12.31	12.56
Long Jump	Men	Final	12.15	13.00
110m Hurdles	Men	Heat 3	12.37	13.02
110m Hurdles	Men	Heat 4	12.43	13.08
200m	Women	Heat 1	12.55	13.20
200m	Women	Heat 2	13.01	13.26
200m	Women	Heat 3	13.07	13.32
200m	Women	Heat 4	13.13	13.38
Javelin Throw	Women	Final	13.02	13.47
200m	Men	Heat 1	13.25	13.50
200m	Men	Heat 2	13.32	13.57
200m	Men	Heat 3	13.39	14.04
200m	Men	Heat 4	13.46	14.11
High Jump	Men	Final	13.23	14.18
400m Hurdles	Men	Final	13.56	14.21
400m Hurdles	Women	Final	14.06	14.31
3000m S/chase	Women	Final	14.19	14.44
Shot Put	Women	Final	14.13	14.58
800m	Men	Final	14.36	15.01
Long Jump	Women	Final	14.23	15.08
5000m	Women	Final	14.46	15.11
Hammer Throw	Women	Final	14.47	15.32
800m	Women	Final	15.11	15.36
110m Hurdles	Men	Final	15.23	15.48
200m	Women	Final	15.33	15.58
1500m	Men	Final	15.43	16.08
400m	Women	Final	15.55	16.20

400m	Men	Final	16.05	16.30
1500m	Women	Final	16.15	16.40
200m	Men	Final	16.25	16.50

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