**British Athletics Indoor Championships 2017 Standards**

Standards to be achieved between January 1, 2017 and February 11, 2018

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MEN** | |  | **WOMEN** | |
| **INDOOR** | **OUTDOOR** |  | **INDOOR** | **OUTDOOR** |
| 6.90 | 10.70 (100m) | 60m | 7.75 | 12.10 (100m) |
| 22.10 | 21.70 | 200m | 25.00 | 24.60 |
| 48.50 | 48.10 | 400m | 56.00 | 55.25 |
| 1:53.50 | 1:50.00 | 800m | 2:11.00 | 2:09.50 |
| 3:53.00 | 3:48.00 | 1500m | 4:35.00 | 4:27.00 |
| 8:15.00 | 8:08.00 | 3000m | 9:35.00 | 9:30.00 |
| 8.40 | 14.70 (110mH) | 60m H | 8.90 | 14.40 (100mH) |
| 2.12 | 2.12 | High Jump | 1.76 | 1.76 |
| 5.10 | 5.10 | Pole Vault | 3.85 | 3.95 |
| 7.50 | 7.50 | Long Jump | 6.00 | 6.00 |
| 15.35 | 15.35 | Triple Jump | 12.50 | 12.40 |
| 15.10 | 15.10 | Shot Put | 13.30 | 13.50 |

Walks by invitation (no standards)

**British Athletics Indoor Championships Event Days**

|  |  |  |
| --- | --- | --- |
| **MEN** | **EVENT** | **WOMEN** |
| **Sat** | **60m** | **Sat** |
| **Sun** | **200m** | **Sun** |
| **Sat Sat/ Sun** | **400m** | **Sat/ Sat/ Sun** |
| **Sat/ Sun** | **800m** | **Sat/ Sun** |
| **Sat/ Sun** | **1500m** | **Sat/ Sun** |
| **Sat** | **3000m** | **Sun** |
| **Sat** | **60H** | **Sat** |
| **Sun** | **HJ** | **Sun** |
| **Sun** | **PV** | **Sat** |
| **Sat** | **LJ** | **Sat** |
| **Sun** | **TJ** | **Sun** |
| **Sat** | **SP** | **Sun** |
| **Sun** | **5k Walk** | **Sun** |

## FAQs

Q) What should I do if I have obtained the qualifying standard but my name is not among the list of invitees?

A) Please contact Ian Hodge [ihodge@britishathletics.org.uk](mailto:ihodge@britishathletics.org.uk) 07711 731370

Q) What should I do if I am among the list of invitees for the British Athletics Indoor Championships, but have not received an invitation?

A) Please contact Kate Channon [championships@britishathletics.org.uk](mailto:championships@britishathletics.org.uk) as your contact details might not be up to date on the British Athletics database.

Q) Should I enquire about an invitation if I am very close to the standard?

A) Yes you should, please contact Kate Channon [championships@britishathletics.org.uk](mailto:championships@britishathletics.org.uk). If a particular event incurs a number of withdrawals it can become necessary to supplement non qualifiers. In this scenario the best “non-automatic qualifier” at that moment in time will be given first option and thereafter in descending order from the year lists.

Q) What is the closing date for accepting invitations to the British Athletics Indoor Championships?

A) The deadline for accepting your invitation (except in exceptional circumstances) is Monday 11th February 2018.

Q) How do I obtain tickets for my friends and family to watch me at the British Athletics Indoor Championships?

A) Tickets can be purchased at: <http://www.ticketmaster.co.uk/British-Athletics-Indoor-Team-Trials-tickets/artist/1521313?tm_link=edp_Artist_Name>

Q) When will I see a timetable for the British Athletics Indoor Championships?

A) We anticipate it will be available on the British Athletics website approximately one month before the event.

Q) When will a full competitors list be available?

A) A list of invitees will be published in January; however it will be subject to change as athletes newly qualify or decline their invitation.

Q) What competition wear am I expected to compete in?

A) As this event is the British Championships, athletes MUST wear the vest of their first claim affiliated club, University, County or their Regional or National sponsor vest. The club concerned must be the one which in terms of Rule 2 (6) caters for that particular discipline of athletics. There will be no exceptions.

## Other Information

Invitations to compete at the British Athletics Indoor Championships are sent to senior and under 20 athletes only. In exceptional circumstance athletes from the Under 18 age group will also be accepted via agreement with their national event coach.

Certain athletes will have qualified in two (or more) events and may only see their name listed in one. This is because we offer you what is assumed is to be your preferred event but we are agreeable to switch you to another if you so wish.

Hand timed performances in the 60m, 100m, 200m, and sprint hurdles THAT ALSO HAVE A LEGAL WIND SPEED will be accepted as qualifying performances - as will times in mixed races. We appreciate that many horizontal jumps competitions take place without wind gauges and as such will accept them as qualifiers - provided the athlete has reasonable back up marks.

For coaches accreditation please contact Karen Forbes on [kforbes@britishathletics.org.uk](mailto:kforbes@britishathletics.org.uk).