

## 30<sup>th</sup> June & 1<sup>st</sup> July 2018 Alexander Stadium, Birmingham

# Timetable

### Saturday 30th June

Time	M/W	Description	Rounds
11:45	М	Discus	Final
11:50	W	100m	Heats
12:30	М	100m	Heats
13:16	М	Triple Jump	Final
13:20	W	400m	Heats
13:46	W	Pole Vault	Final
13:50	W	100m hurdles	Heats
14:07	М	Javelin	Final
14:21	W	400m hurdles	Heats
14:47	W	High Jump	Final
14:50	W	100m	Semi-Final
15:02	W	Triple Jump	Final
15:05	М	100m	Semi-Final
15:27	М	400m	Heats
15:52	М	Hammer	Final
15:55	М	5000m	Final
16:18	М	3000m Steeplechase	Final
16:34	W	100m hurdles	Final
16:40	М	Shot	Final
16:45	W	100m	Final
16:55	М	100m	Final
17:07	М	400m hurdles	Heats
17:35	W	800m	Heats
18:03	М	800m	Heats
18:31	W	1500m	Heats
18:50	М	1500m	Heats

<sup>\*</sup>Please note the timetable is subject to change



## 30<sup>th</sup> June & 1<sup>st</sup> July 2018 Alexander Stadium, Birmingham

#### Sunday 1st July

11:32   W   Discus   Final     11:35   W   5000m walk   Final     12:15   M   5000m walk   Final     12:47   M   Pole Vault   Final     12:50   M   110m hurdles   Heats     13:20   W   200m   Heats     13:24   M   Long Jump   Final     13:47   W   Javelin   Final     13:50   M   200m   Heats     14:18   M   High Jump   Final     14:21   M   400m hurdles   Final     14:31   W   400m hurdles   Final     14:44   W   3000m Steeplechase   Final     14:58   W   Shot   Final     15:01   M   800m   Final     15:11   W   5000m   Final     15:32   W   Hammer   Final     15:42   W   Long Jump   Final     15:48   M				
12:15   M   5000m walk   Final     12:47   M   Pole Vault   Final     12:50   M   110m hurdles   Heats     13:20   W   200m   Heats     13:24   M   Long Jump   Final     13:47   W   Javelin   Final     13:50   M   200m   Heats     14:18   M   High Jump   Final     14:18   M   High Jump   Final     14:21   M   400m hurdles   Final     14:31   W   400m hurdles   Final     14:44   W   3000m Steeplechase   Final     15:01   M   800m   Final     15:01   M   800m   Final     15:32   W   Hammer   Final     15:36   W   800m   Final     15:42   W   Long Jump   Final     15:48   M   110m hurdles   Final     15:58   W	11:32	W	Discus	Final
12:47   M   Pole Vault   Final     12:50   M   110m hurdles   Heats     13:20   W   200m   Heats     13:24   M   Long Jump   Final     13:47   W   Javelin   Final     13:50   M   200m   Heats     14:18   M   High Jump   Final     14:18   M   High Jump   Final     14:21   M   400m hurdles   Final     14:31   W   400m hurdles   Final     14:44   W   3000m Steeplechase   Final     15:01   M   800m   Final     15:11   W   5000m   Final     15:32   W   Hammer   Final     15:36   W   800m   Final     15:42   W   Long Jump   Final     15:48   M   110m hurdles   Final     15:58   W   200m   Final     16:08   M	11:35	W	5000m walk	Final
12:50   M   110m hurdles   Heats     13:20   W   200m   Heats     13:24   M   Long Jump   Final     13:47   W   Javelin   Final     13:50   M   200m   Heats     14:18   M   High Jump   Final     14:18   M   High Jump   Final     14:21   M   400m hurdles   Final     14:31   W   400m hurdles   Final     14:44   W   3000m Steeplechase   Final     14:58   W   Shot   Final     15:01   M   800m   Final     15:11   W   5000m   Final     15:32   W   Hammer   Final     15:36   W   800m   Final     15:42   W   Long Jump   Final     15:48   M   110m hurdles   Final     15:58   W   200m   Final     16:08   M   1	12:15	М	5000m walk	Final
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13:24   M   Long Jump   Final     13:47   W   Javelin   Final     13:50   M   200m   Heats     14:18   M   High Jump   Final     14:21   M   400m hurdles   Final     14:31   W   400m hurdles   Final     14:44   W   3000m Steeplechase   Final     14:58   W   Shot   Final     15:01   M   800m   Final     15:11   W   5000m   Final     15:32   W   Hammer   Final     15:36   W   800m   Final     15:42   W   Long Jump   Final     15:48   M   110m hurdles   Final     15:58   W   200m   Final     16:08   M   1500m   Final     16:30   M   400m   Final     16:40   W   1500m   Final	12:50	М	110m hurdles	Heats
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	16:50	М	200m	Final

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